ST. ANN'S CONVENT SCHOOL

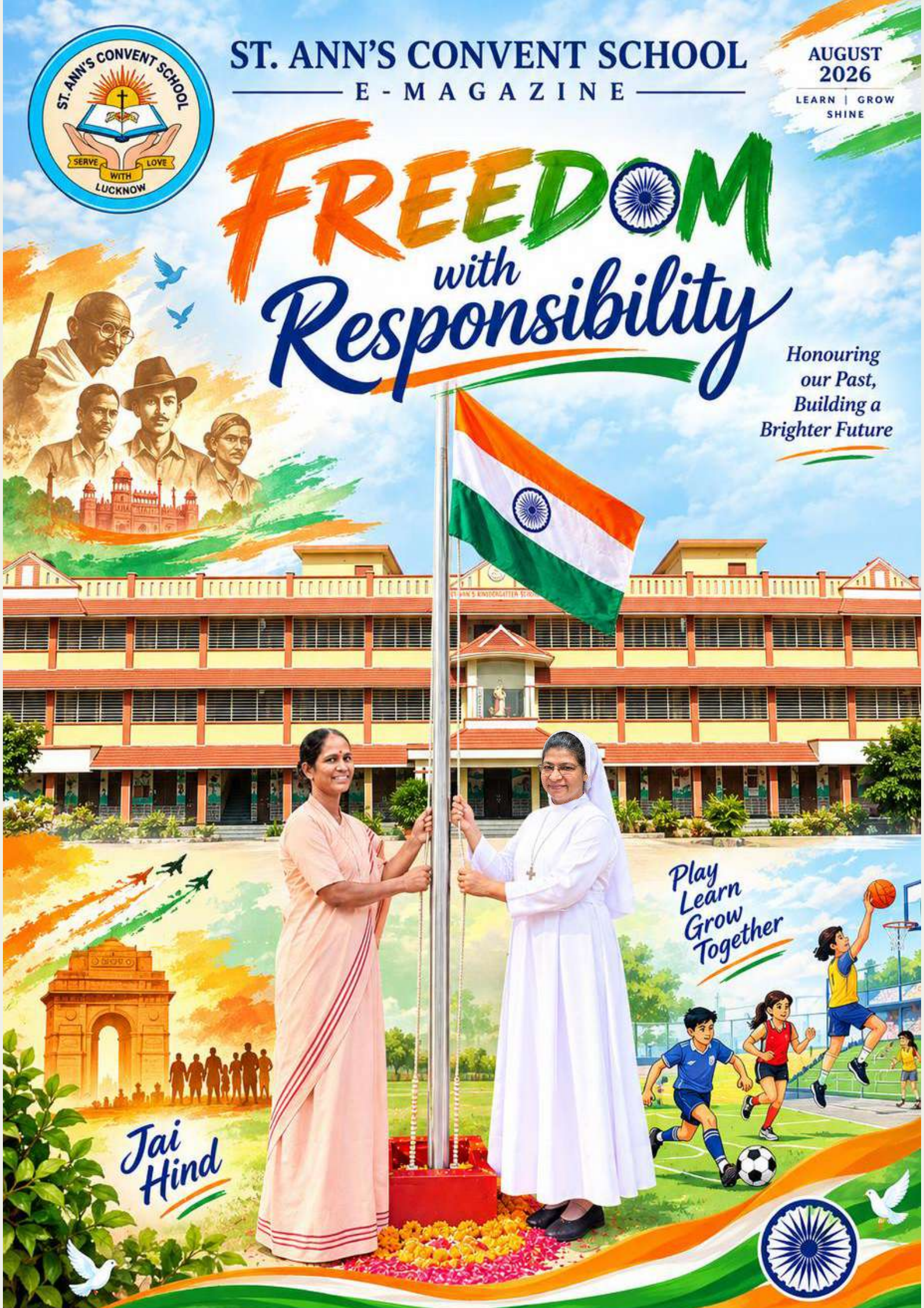
E - MAGAZINE

AUGUST 2026

LEARN | GROW SHINE

FREEDOM with Responsibility

Honouring our Past, Building a Brighter Future



Our Guiding Light
In Sports, Success and Beyond

"Great Schools are built by Great Leaders..."

Vision
Support
Encouragement
Growth



Kabaddi Champions
U-17 Girls – Zonal & Regional Winners

Thank you, Respected Sister Principal, for always believing in us and giving us the opportunity to play, learn and grow. Your support made our victory possible!

— U-17 Girls Kabaddi Team



KRITIKA SINGH (XI)
Selected for National Kabaddi Team

Thank you, Respected Sister Principal, for your constant support and encouragement. Your belief in me has helped me achieve this dream.

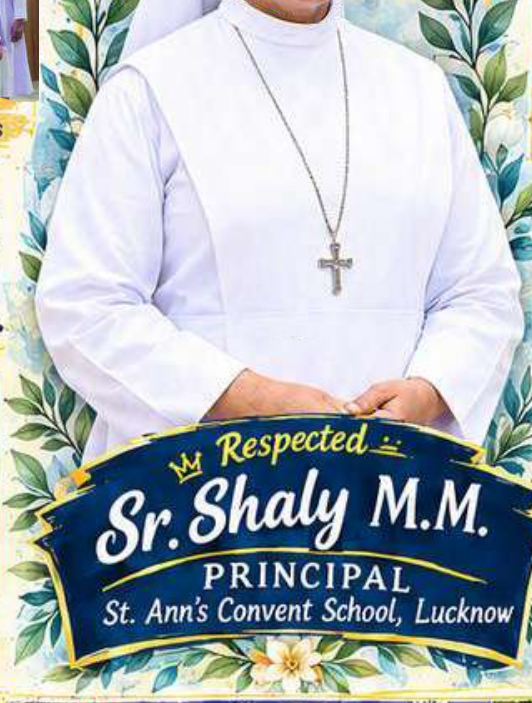
— Kritika Singh (XI)



Skating Star
Harshit Singh (XI)

Thank you, Respected Sister Principal, for your constant motivation and support. Your faith in me helped me reach new heights!

— Harshit Singh (XI)



Respected
Sr. Shaly M.M.
PRINCIPAL
St. Ann's Convent School, Lucknow



RUTIK SINGH (XII)
Pickleball District Champion

Thank you, Respected Sister Principal, for always encouraging me and providing the right facilities to has helpod my skills and confidence.

— Rutik Singh



KABADDI Tournament Winners
Under-17 Girls – CISCE (UP) Zonal

Thank you, Respected Sister Principal, for your constant support, guidance and encouragement. You always stand behind us, helping us achieve our dreams.

— Kabaddi Team (U-17 Girls)



Kabaddi Boys
Zonals – Team Spirit

Thank you, Respected Sister Principal, for always encouraging us and giving us the best facilities to perform and grow.

— Kabaddi Boys Team



Success in Every Field

Thank you, Respected Sister Principal, for your guidance, support and belief in us. You help us achieve our goals with confidence.

— Proud Students

More Than Just Principal...

Investing in Champions
You always believed in the power of sports and gave us the platform to showcase our talent.
— All Sports Teams

World-Class Facilities
Modern sports infrastructure, quality equipment and safe facilities for every student.
— All Sports Council

Dedicated Coaches & Mentors
You ensured the presence of trained coaches and skilled mentors who guide us with care and discipline.
— Players & Coaches

Opportunities for All
From team sports to individual events, you give every student a chance to participate and grow.
— All Students

Character & Confidence
You teach us not just to win, but to be humble, disciplined and confident in life.
— Our Gratitude

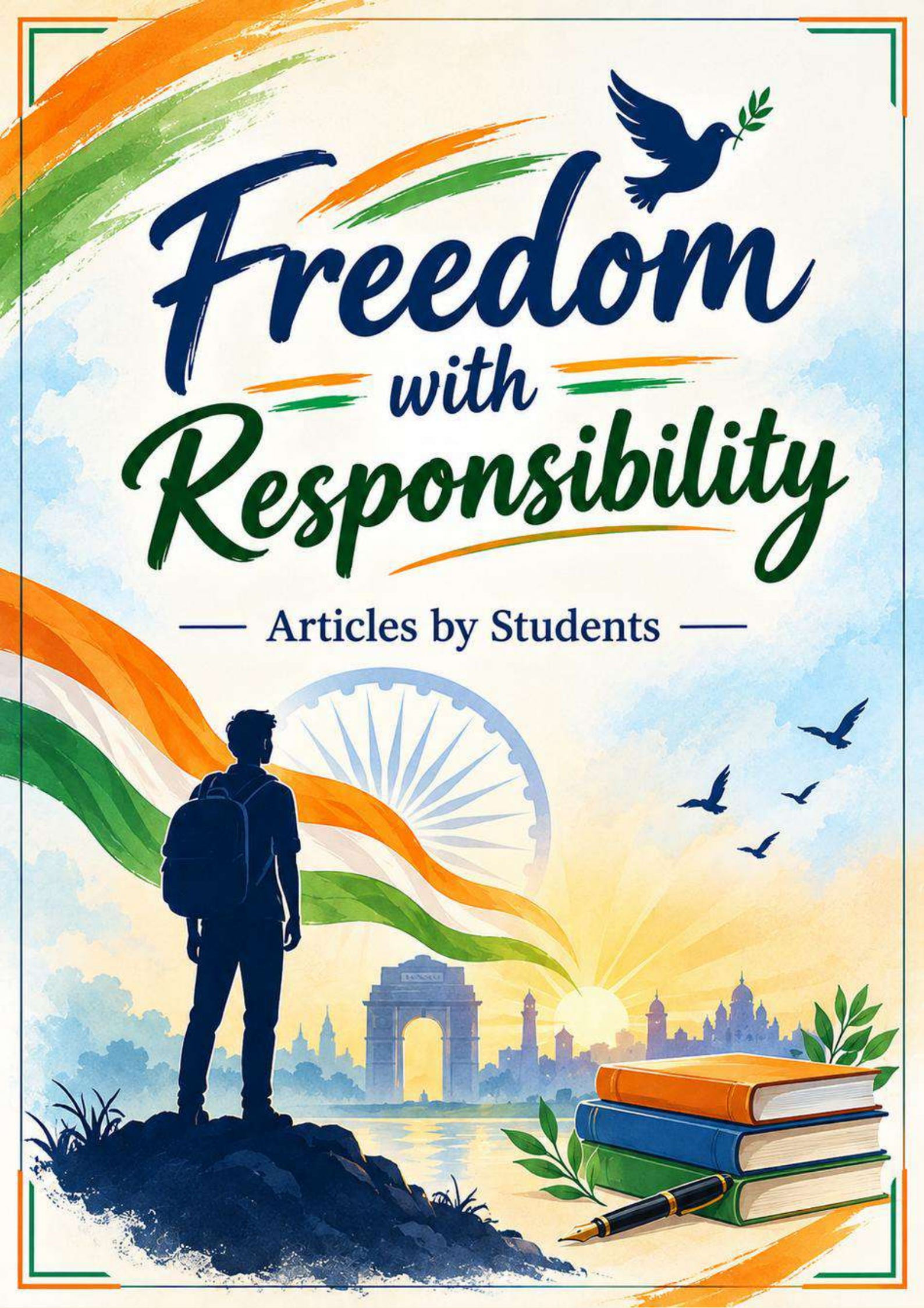
Thank You, Respected Sister Principal

For making sports a stronger part of our school... for believing in us... and for always being there!

With gratitude and love from all of us

Freedom with Responsibility

Articles by Students





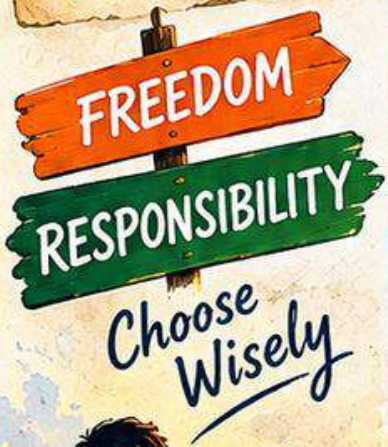
"Inquilab Zindabad"
– Bhagat Singh



Freedom with Responsibility:

The Wisdom Behind Every Choice

"Better to die fighting for freedom than to live a life of slavery."
– Bhagat Singh



Freedom is a word we all value deeply. We want it in our choices, our careers, our relationships, and every aspect of our lives. But there is one word that gives freedom its true meaning: ***responsibility.***

The younger generation will not be remembered only for the freedom it enjoys, but also for how wisely it uses that freedom. Freedom is like fire—it can cook a meal or burn down an entire house. Its impact depends on how responsibly it is handled.

True freedom is not about doing whatever we want. It is about choosing what is right, even when no one is watching: ***Freedom is choice, not carelessness; freedom is voice, not noise.*** We have the right to speak our truth, but we also have the responsibility to listen to and respect the opinions of others.

Responsible freedom begins with thoughtful choices. Before making a decision, we should consider its consequences—not only for ourselves but also for those around us. Before speaking, we should think carefully, because words have the power to build relationships or break them.

Instead of asking, ***"Am I free?"*** we should ask, ***"Am I responsible enough to use my freedom wisely?"*** True independence comes with self-control, awareness, and respect for others.

Freedom is like a flower that blossoms on the plant of responsibility. We are the gardeners who choose whether it grows beautifully or withers through careless choices. When freedom and responsibility grow together, they create individuals who are confident, respectful, and capable of making a positive difference in the world.

Freedom gives us the power to choose; responsibility teaches us to choose wisely.

– Sunidhi Joshi
Class XII-B

Special Feature

FREEDOM in Every Choice

A Tribute to Shaheed Udham Singh

"Real freedom is not given, it is earned with courage, sacrifice and responsibility."

Freedom is a Responsibility

Today, I want to talk about a very important idea: Responsible Freedom. We all love freedom. We want to speak our minds, choose our paths and live our lives without fear. But true freedom is not a free pass to do whatever we want. Freedom and responsibility go together like two wings of a bird.

When we demand absolute freedom without rules, we create chaos—much like a busy intersection without traffic lights where everyone drives blindly and nobody moves forward. Real liberty requires responsibility, meaning our personal choices must always respect the rights, safety and dignity of others.

We cannot simply enjoy the privileges of a free society without actively paying the rent of civic duty and mutual respect.

Ultimately, freedom and responsibility are two sides of the same coin. We must guard our liberty not as a tool for selfishness, but as a commitment to building a safer, stronger world for everyone.

Freedom is powerful when it is shared with responsibility.



Shaheed Udham Singh
(1899 – 1940)

> "Freedom is not merely the right to choose; it is the responsibility to use that freedom wisely, respect the rights and dignity of others, and contribute to a safer, stronger society."
>
> — Udham Singh

About Udham Singh

- **Born:** 1899, Punjab (India)
- **Known for:** Avenging the Jallianwala Bagh massacre
- **Ideology:** Freedom, Justice, Equality
- **Legacy:** A fearless fighter for India's freedom

His courage reminds us that freedom comes with a duty to the nation and to humanity.

-JOSHUA
CLASS XII B

Indian Independence Month

Freedom Is Meaningful When Guided by Responsibility



Annie Besant

"The highest ideal of life is the service of humanity."
— Annie Besant

A kinder world is a stronger world.

Freedom is one of the most cherished values of life. It gives us the power to make choices, express ourselves, follow our dreams, and shape our own future. Yet, freedom becomes truly meaningful only when it is accompanied by responsibility.

We may have the freedom to do what we want, but we must always remember not to harm others through our words or actions. The words we speak can either heal or hurt, just as our actions can either build or destroy. True freedom therefore, requires us to think about the consequences of our choices.

Freedom is not the absence of rules, but the presence of responsibility.

A responsible society is built on mutual respect. We share parks, streets, public spaces, and communities with others, and it is our duty to protect and respect them. Our freedom should never come at the cost of another person's safety, dignity, or happiness.



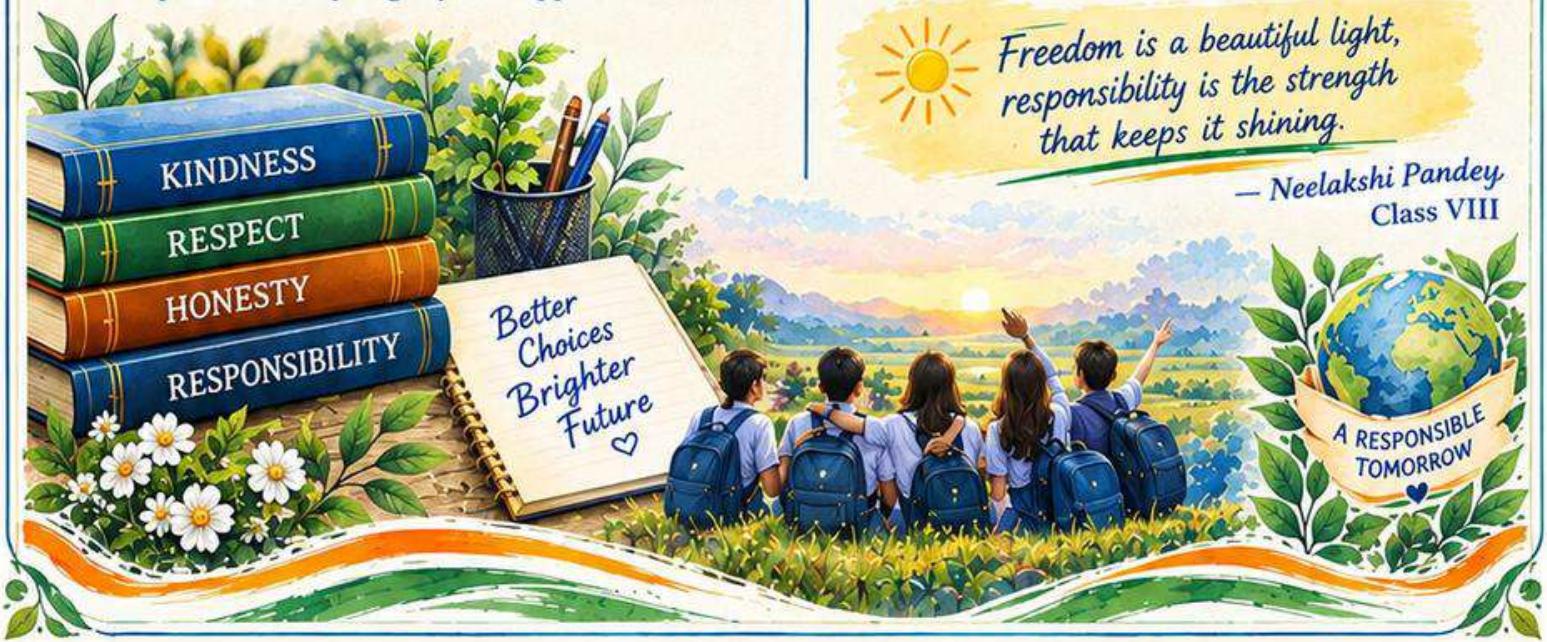
Responsible freedom also begins with simple everyday choices—speaking kindly, respecting others, being honest, helping those around us, and making thoughtful decisions. These small acts create trust, strengthen relationships, and contribute to a safer and more harmonious society.

As students, we have the opportunity to set an example through our actions. We can use our freedom to learn, grow, express our ideas, and make positive choices. When we respect the freedom of others while exercising our own, we help create a world where everyone can live and grow with dignity.

Freedom is like a beautiful light that brightens our path. When guided by wisdom, kindness, and responsibility, it can make our world warmer, safer, and brighter.

Freedom is a beautiful light, responsibility is the strength that keeps it shining.

— Neelakshi Pandey
Class VIII



Independence Month Special

The Freedom to Choose, The Wisdom to Do Right



"Be the change you wish to see in the world."
— Mahatma Gandhi

Freedom is one of the most important rights we have. It allows us to express our thoughts, make choices, and live according to our values. However, freedom does not mean that we can do anything we want without considering others.

True freedom comes with responsibility. Responsible freedom means using our rights wisely while respecting the rights, feelings, and dignity of others. Freedom and responsibility always go together. If we want to enjoy freedom, we must also understand its consequences and make thoughtful choices.

We should use our freedom to help others, spread kindness, and make positive choices and decisions. The true meaning of freedom is not simply doing whatever we want; it is having the wisdom to do what is right.

Freedom comes with responsibility.

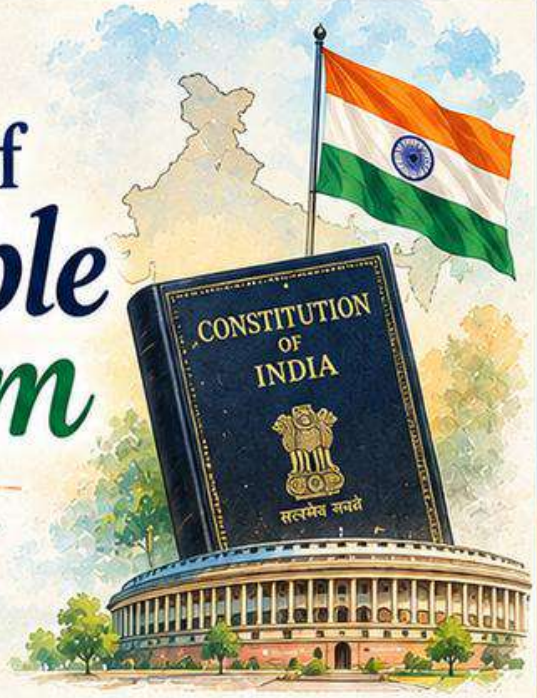
Let us enjoy our freedom while being responsible citizens and, above all, good human beings.



— *Misban Fatima*
Class XII-B



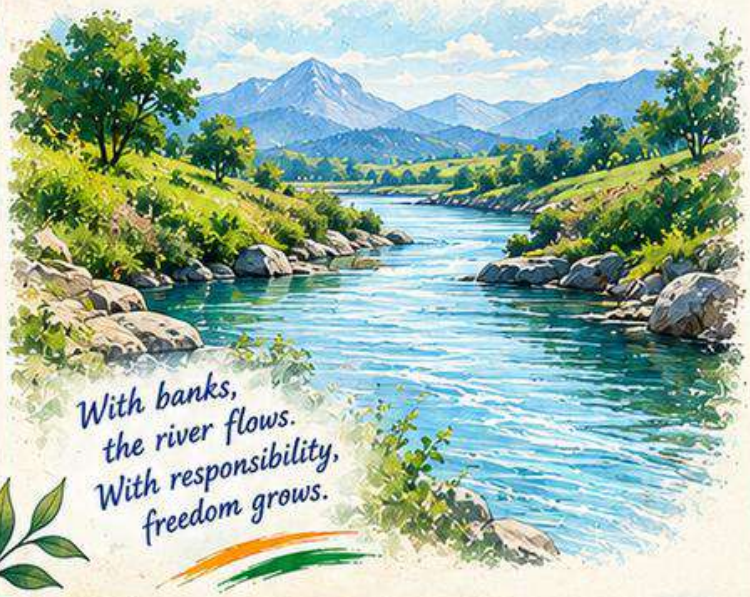
The Power of Responsible Freedom



"Education is the most powerful weapon which you can use to change the world."
— Dr. B. R. Ambedkar

Freedom is one of the greatest values of life. It allows us to dream, express our thoughts, make our own choices, and shape our future. But freedom is not simply the absence of restrictions; it is the presence of good judgement. The true test of freedom is not whether we can do something, but whether we should do it.

We often think that responsibility limits our freedom. In reality, it gives freedom its purpose. Imagine a river without its banks. Instead of flowing gracefully, it would spread in every direction and eventually lose its strength. In the same way, responsibility gives direction to our freedom and enables us to make our choices meaningful.



With banks, the river flows.
With responsibility, freedom grows.

Responsible freedom begins with the little things we do every day—speaking politely, respecting others, keeping our promises, protecting our surroundings, and choosing honesty even when taking a shortcut seems easier. These small actions may not attract attention, but they build trust, character, and self-respect.

In today's world, we need not only intelligent minds but also responsible hearts. Success is important, but the values with which we achieve it are even more important. A person is remembered not only for what they accomplish, but also for how they treat others along the way.

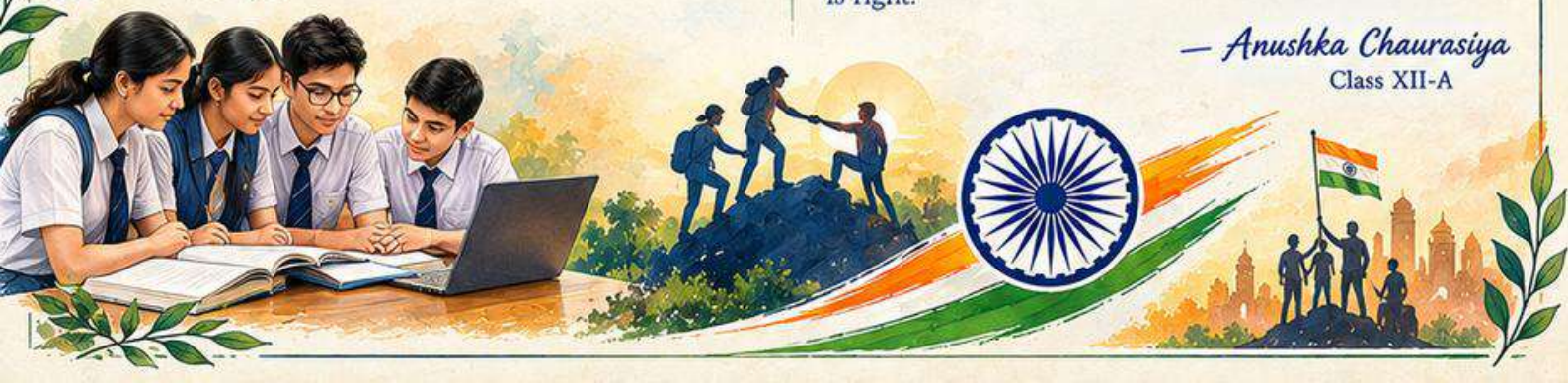
As students, we have the opportunity to become role models through our actions. Every act of kindness, every responsible decision, and every honest effort contributes to making our school, our community, and our nation a better place.

A Thought to Remember

"Freedom is not the absence of responsibility; it is the opportunity to choose what is right."

Let us all use our freedom with wisdom, integrity, and compassion, so that our choices become a source of inspiration to others. True freedom is not merely the power to choose; it is the wisdom to choose what is right.

— Anushka Chaurasiya
Class XII-A



Freedom with a Conscience

"To be free is not merely to cast off one's chains, but to live in a way that respects and enhances the freedom of others."

Freedom is a word that stirs our hearts and defines one of our deepest desires. It gives us the right to express our thoughts, choose our paths, and shape our lives according to our aspirations. It is a precious gift that allows us to grow, create, dream, and discover who we truly are.

Yet, we often forget that freedom has a twin sister—responsibility. The two are inseparable. Just as two wings are necessary for a bird to fly, freedom and responsibility must work together for individuals and societies to flourish.

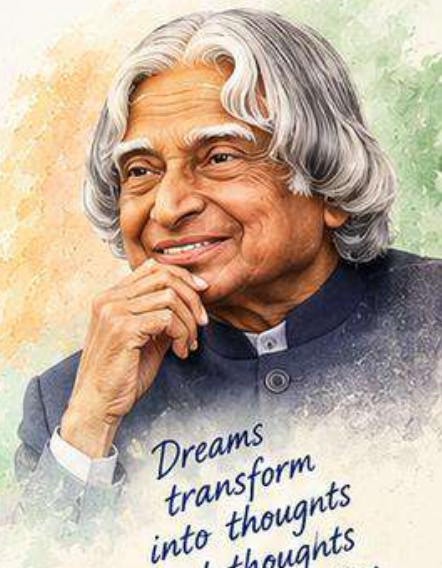
True freedom is not an unbridled license to do as we please; rather, it is the disciplined capacity to do what is right. As students, we experience this transition into autonomy every day as we gain greater independence over our choices, schedules, and future. However, freedom without boundaries can become a fragile illusion that quickly dissolves into disorder.

The digital age has given students unprecedented freedom to explore, learn, and express themselves. Yet, this digital liberty must be exercised responsibly. A responsible student does not misuse technology through plagiarism or distraction but uses online resources to expand knowledge, develop intellect, and inspire original thoughts.

As we move forward, let us not treat freedom merely as a possession to be guarded, but as a legacy to be honoured. Let us carry our liberty with the dignity it deserves and use our choices not to build walls of division, but to pave paths of progress for all.

True freedom lies not in living without limits, but in understanding the impact of our choices and using our liberty to create a better world for everyone.

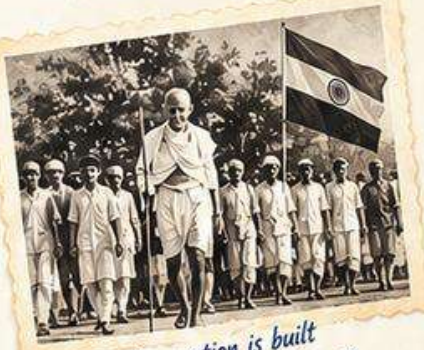
— *Aadya Yadav*
Class XII-A



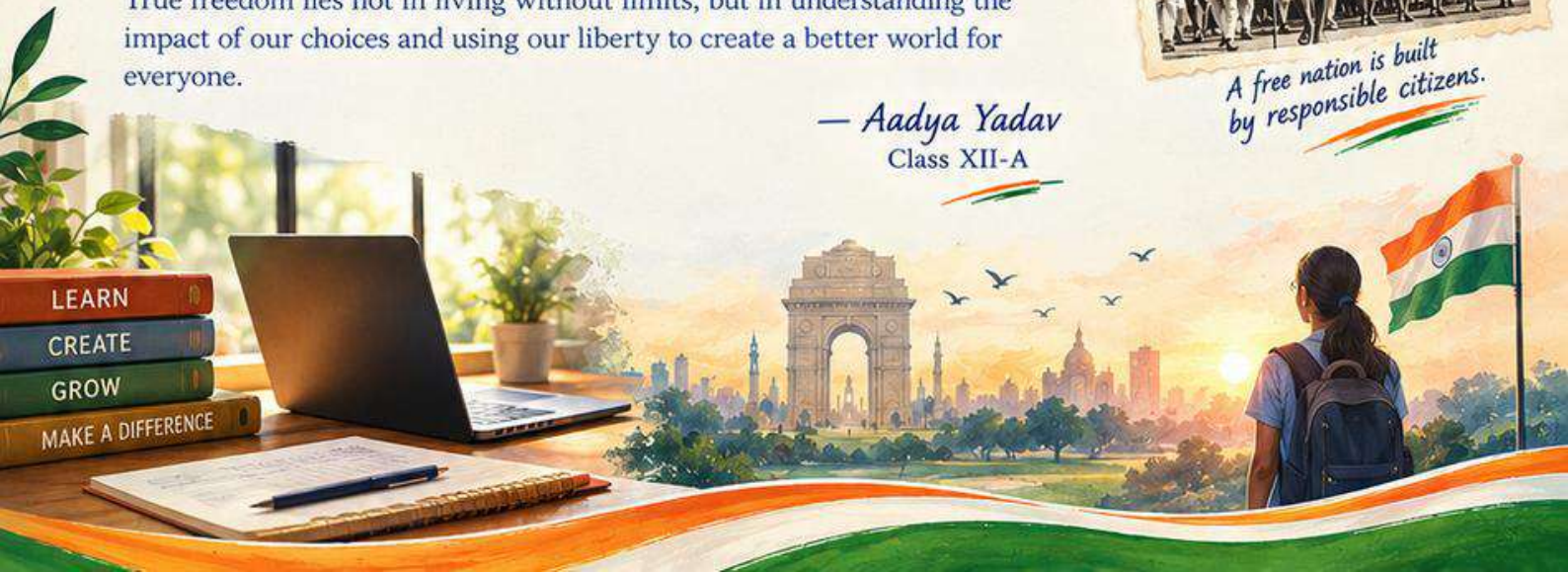
Dreams transform into thoughts and thoughts result in action.
— A.P.J. Abdul Kalam

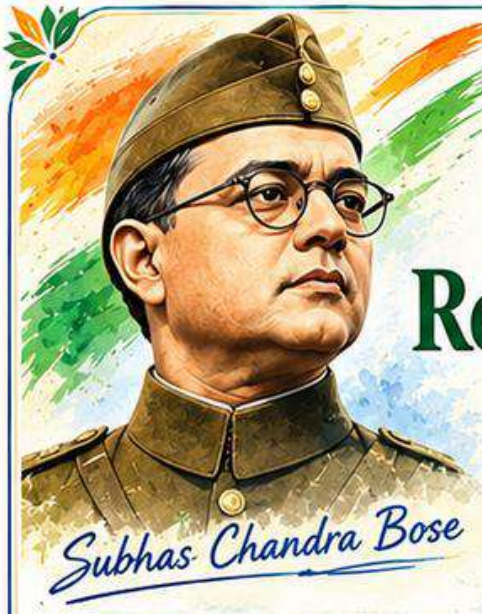
Freedom and Responsibility

Two wings, One flight.



A free nation is built by responsible citizens.

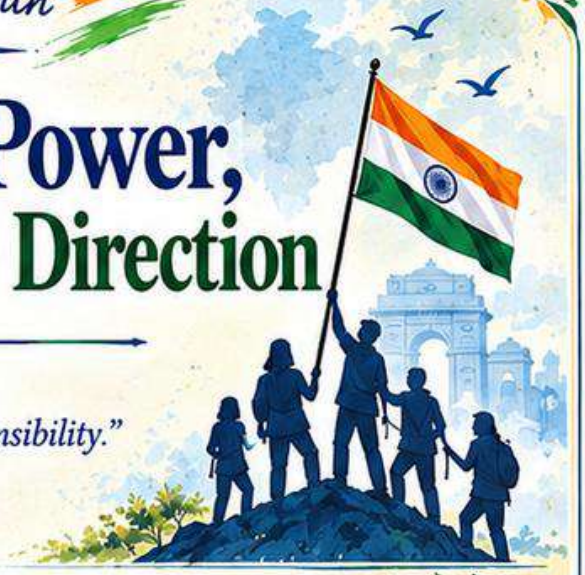




Indian Independence Month

Freedom Is Power, Responsibility Is Direction

"Freedom is not the end;
it is the beginning of greater responsibility."
— Subhas Chandra Bose



Imagine standing at the edge of an open road with no stop signs, no speed limits, and no boundaries. It may sound exciting, but if everyone travelled as fast as they wanted without considering anyone else, that freedom would quickly turn into chaos.

This is why true freedom cannot exist without responsibility. We often think of freedom as the ability to do whatever we want, with no consequences. But genuine freedom is not the absence of rules; it is the presence of **self-control, wisdom, and the ability to understand the consequences of our choices.**

Freedom to Speak

Freedom of speech gives us a voice and the opportunity to express our thoughts and opinions. However, this freedom comes with the responsibility to use our words wisely. Our voices should build people up, encourage meaningful conversations, and promote understanding rather than spread hatred, misinformation, or hurt.



Freedom to Choose

The freedom to choose allows us to shape our own future. Every decision we make, however, carries consequences. Responsible freedom means thinking carefully before making choices and accepting ownership of their outcomes.



Freedom to Act

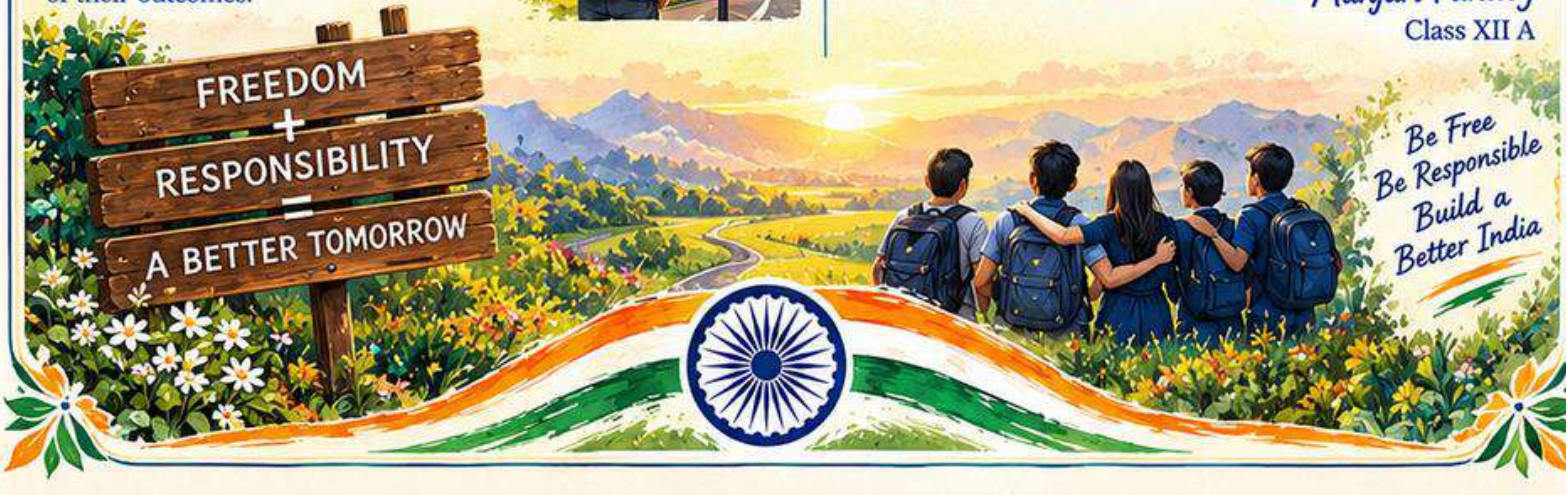
Freedom of action allows us to explore possibilities, challenge boundaries, and pursue our goals. Yet responsibility keeps us grounded in integrity. It reminds us that our actions should never compromise the rights, safety, or dignity of others.



When we take ownership of our actions, we become truly independent. Nobody needs to constantly control or manage us because we learn to guide ourselves. Responsibility is not a leash that holds us back; it is the force that drives us towards **true independence.**

Freedom is therefore not simply the power to choose our path—it is the strength to walk that path wisely. Let us rise to the responsibility that comes with our freedom and show the world that we do not merely have the power to be free; ***we have the wisdom to handle it.***

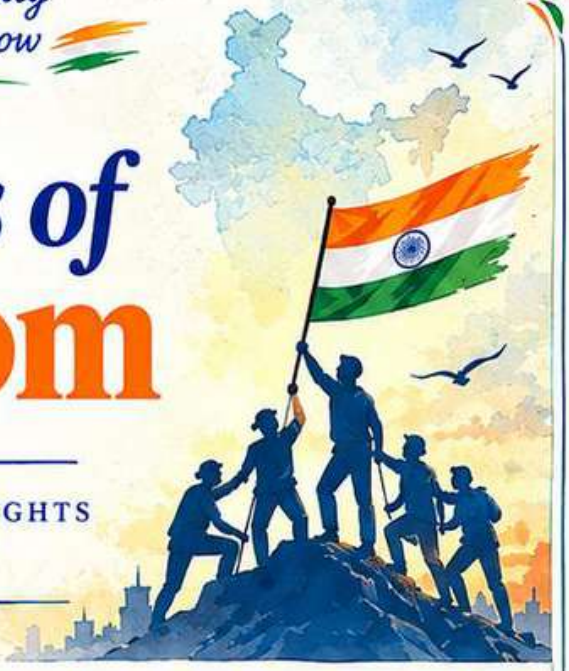
— *Manjari Pandey*
Class XII A





Freedom with Responsibility Builds a Better Tomorrow

The Ethics of Freedom



Chandra Shekhar Azad

"Freedom is not a gift, it is a responsibility."
— Chandra Shekhar Azad

YOUR RIGHTS ✦ THEIR RIGHTS
OUR RESPONSIBILITY

Responsible freedom is the understanding that personal liberty is deeply linked to respect for others. True freedom is not an unchecked license to do whatever one pleases; rather, it is the conscious choice to act ethically while recognising the rights and boundaries of fellow citizens.

Freedom requires self-regulation, empathy, and awareness of how our individual actions affect the broader community. Our choices may seem personal, but their consequences can extend far beyond ourselves.

Exercising freedom responsibly ensures that our independence does not diminish the safety, dignity, or liberty of others. It encourages us to think before we act, respect different perspectives, and understand that every right carries a corresponding responsibility.

In a society where everyone enjoys freedom, responsible behaviour becomes essential for maintaining harmony. When guided by conscience and compassion, freedom becomes more than a personal privilege—it becomes a force that strengthens communities and promotes mutual respect.

Ultimately, true freedom lies in the ability to make our own choices while ensuring that those choices do not take away the freedom or dignity of others. It is through this balance between liberty and responsibility that we can create a fair, respectful, and harmonious society.

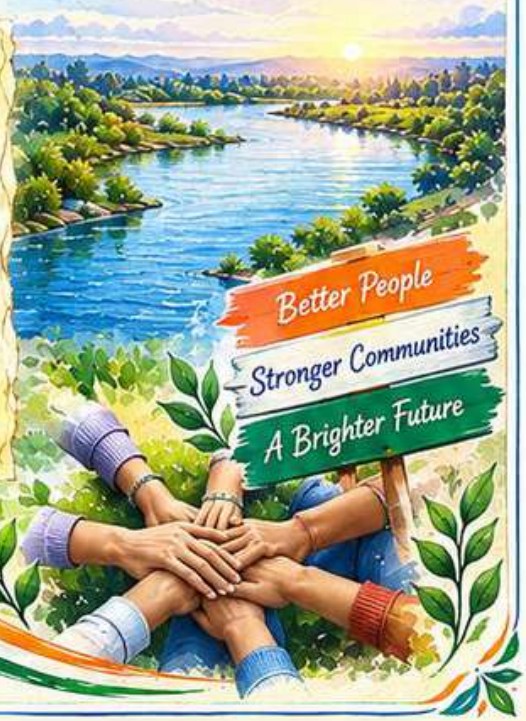
— *Arpit Mathur*
Class XII A



A Thought to Remember

"Freedom is not about doing whatever we want, but about doing what is right for everyone."

— Chandra Shekhar Azad



Indian Independence Month

Freedom *with* Responsibility

A STRONGER SOCIETY BUILT ON OUR CHOICES



Freedom is one of the most valuable aspects of our lives. It gives us the ability to choose, speak, and act according to our wishes. However, true freedom is never absolute. It is a two-sided coin: on one side lies our personal liberty, while on the other lies our duty towards society.

Consider a simple example. We have the freedom to drive a car, but we must follow traffic rules to keep everyone safe. Similarly, we have the right to express our opinions, but we also have the responsibility not to spread hate, misinformation, or falsehoods.

Responsible freedom means understanding that our choices have an impact on others. When we practise freedom responsibly, we contribute to creating a safe, fair, and respectful society.

Without responsibility, freedom can turn into chaos; but when guided by responsibility, it helps build a strong and harmonious community where everyone can thrive.

True freedom is not simply the power to do what we want. It is the wisdom to understand our responsibilities, respect the rights of others, and make choices that contribute positively to society.

Let us value our freedom, use it wisely, and ensure that our liberty becomes a means of creating a better world for everyone.

— Deeksha Yadav
Class XII-A



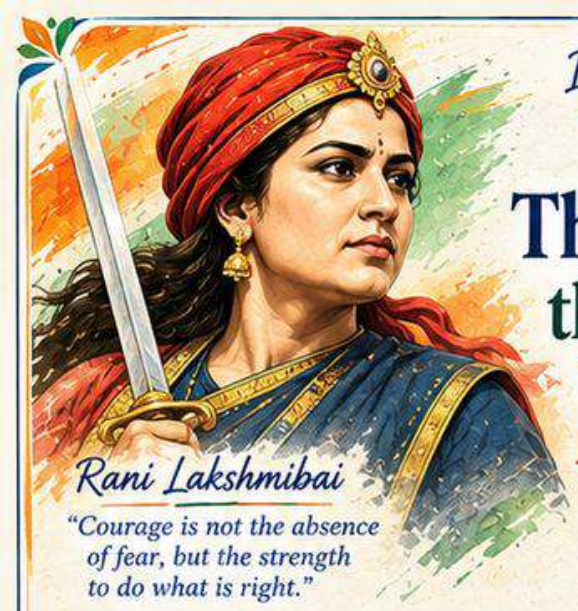
A Thought to Remember

"Freedom and power bring responsibility."
— Jawaharlal Nehru



Indian Independence Month

The Power to Choose, the Wisdom to Be Responsible



Rani Lakshmibai

"Courage is not the absence of fear, but the strength to do what is right."



Freedom is one of the greatest gifts of life. It gives us the ability to think, speak, choose, and act according to our wishes. However, true freedom is never absolute. It is a two-sided coin: while we enjoy personal liberty, we must also recognise our duty towards society and respect the rights and freedoms of others.

Responsible freedom means understanding that every choice has consequences. We may have the freedom to drive a car, but we must follow traffic rules to ensure everyone's safety. Similarly, freedom of speech gives us the right to express our opinions, but it also requires us to use our words wisely and avoid spreading hatred, misinformation, or falsehoods.



Freedom can be compared to a river. A river flows with great power and beauty, but its banks give it direction. Without them, it may overflow and cause destruction. In the same way, responsibility gives direction and purpose to freedom. It does not restrict our liberty; rather, it enables us to use it meaningfully.

Responsible freedom begins with the small choices we make every day—speaking politely, respecting others, keeping promises, protecting our surroundings, and choosing honesty even when taking a shortcut seems easier. These actions may appear insignificant, but they build trust, character, self-respect, and a stronger community.

Freedom to Choose

The freedom to choose our future comes with the responsibility to make wise decisions.

Freedom to Speak

The freedom to speak comes with the responsibility to promote truth and understanding.

Freedom to Act

The freedom to act comes with the responsibility to ensure that our actions do not compromise the safety, dignity, or freedom of others.

As students, we have the opportunity to become role models through our actions. The freedom to choose our future comes with the responsibility to make wise decisions. The freedom to speak comes with the responsibility to promote truth and understanding. The freedom to act comes with the responsibility to ensure that our actions do not compromise the safety, dignity, or freedom of others.

True freedom is therefore not simply the power to do whatever we want. It is the wisdom to understand what we should do. When freedom is guided by self-control, empathy, integrity, and respect, it becomes a force that builds rather than destroys.

Let us value the freedom we have, use it wisely, and remember that our liberty becomes truly meaningful when it contributes to the well-being of others.

Freedom gives us the power to choose our path; responsibility gives us the wisdom to walk it rightly."

— *Ayush Maurya*
Class XII-A







#Freedom with Boundaries



Freedom is one of the most precious gifts we have. It gives us the right to express our thoughts, choose our paths, and live our lives with dignity. It allows us to grow, create, dream, and become who we aspire to be.

But have we ever wondered what happens when freedom has no limits? When freedom is without boundaries, it can turn into chaos. If everyone does only what they want without thinking about others, society can lose its sense of harmony and responsibility.

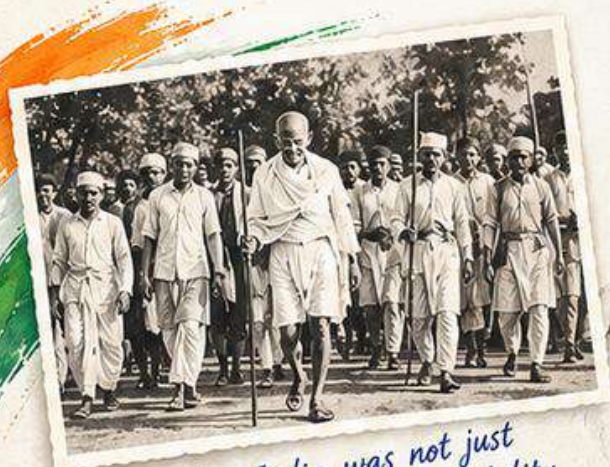
That is why freedom and responsibility go hand in hand. They are like the two wings of a bird—both are essential for us to truly fly. We can enjoy our freedom while respecting the rights, feelings, and well-being of others.

True freedom is not about doing whatever we want; it is about having the wisdom to make the right choices. When we use our freedom responsibly, we create a society where everyone can live, grow, and dream freely.

"Freedom is beautiful, but it is more beautiful when it brings happiness to others too."

RIGHTS WITH RESPONSIBILITIES BUILD A STRONGER TOMORROW

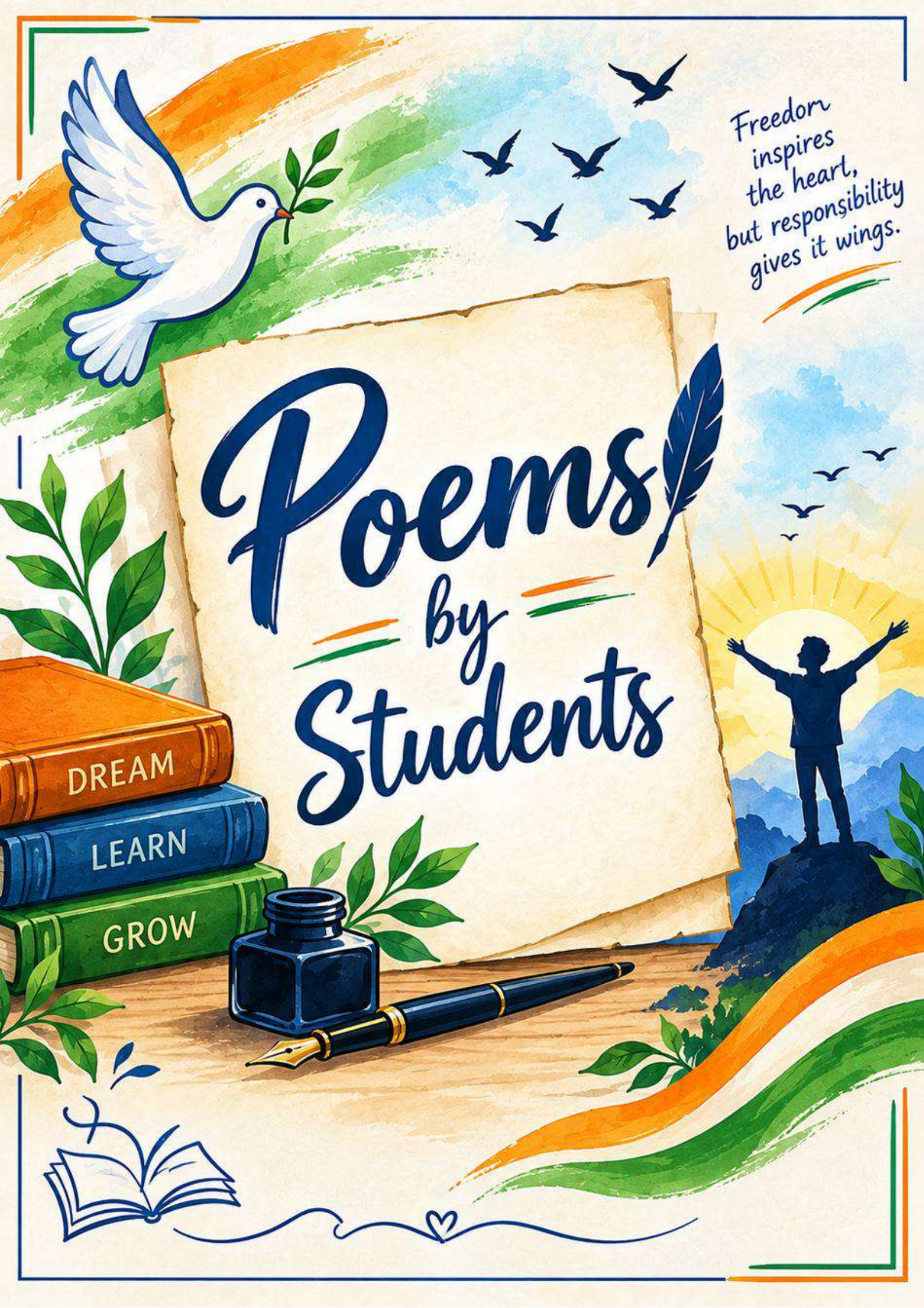
— *Shreyashi Anand*
Class XII-A





A free India was not just a dream, but a responsibility we all share.




Freedom inspires the heart, but responsibility gives it wings.
Poems by Students
DREAM
LEARN
GROW

Indian Independence Month

The Meaning of Freedom

True freedom lives in a kind heart.



Mother Teresa

"Not all of us can do great things. But we can do small things with great love."
— Mother Teresa

Freedom is more than being free,
It is the choice of who we wish to be.

It is a voice that dares to speak,
Yet listens when the others seek.

It is a hand that helps someone,
A promise kept when work is done.

It is choosing right when wrong seems easy,
And staying kind when life gets uneasy.

Let freedom guide our hearts each day,
With truth and care along the way.

For when responsibility leads us through,
Freedom becomes a gift for all to pursue.

– ARPITA KUMARI
XII-B

Freedom is not just the right to live, but the responsibility to make life better for others. ♡



A helping hand is freedom.



Education gives freedom.



A kinder world is a freer world.



Kindness is true freedom. ♡

KINDNESS
COMPASSION
RESPECT
HELP OTHERS
DO WHAT IS RIGHT

Small acts create a big change. ♡

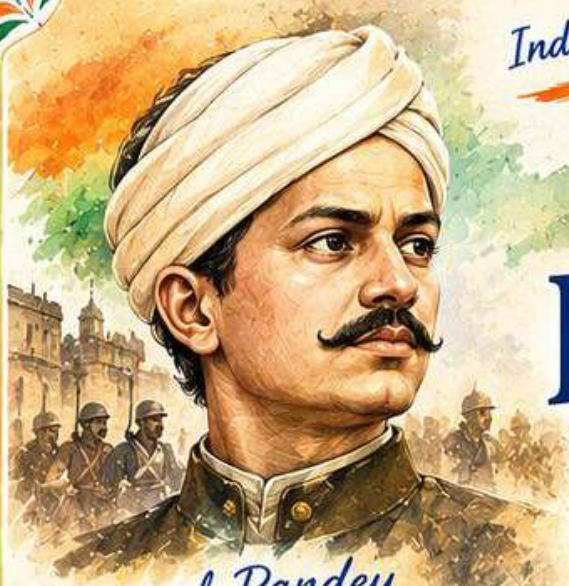




Freedom for All

Indian Independence Month

Freedom with Responsibility



Mangal Pandey

"The spark that lit the flame of freedom."

"True freedom is not the absence of rules, but the courage to do what is right."
— Mangal Pandey

Freedom is the wings that let us fly,
Like a bird that soars across the sky.
It gives us choices, a voice, a way,
To shape our dreams with each new day.

But freedom comes with duties too,
In all we say and all we do.
To care, respect, and choose what's right,
To spread the truth and share the light.

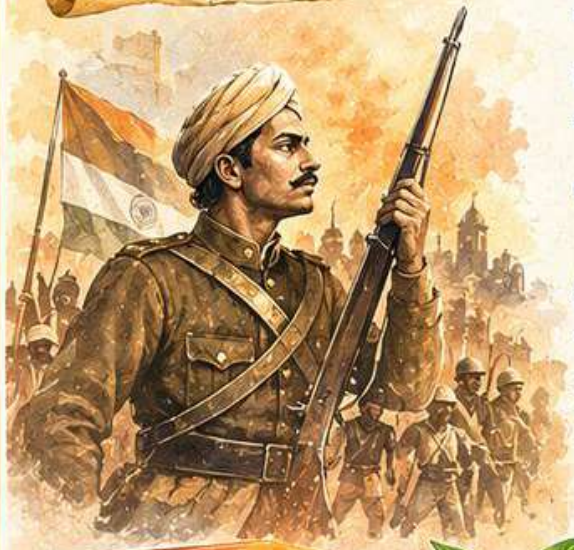
We have the freedom to dream and grow,
But responsibility helps us know
That every choice we make each day
Can build our world—or lead astray.

So let us walk with hearts sincere,
With kindness, courage, and no fear.
For freedom shines its brightest when
We use it wisely, again and again.

— SNEHA SHARMA
XII-B



Responsible Choices Build a Brighter Future







Indian Independence Month

"Education is the most powerful weapon which you can use to change the world."
— Dr. Sarvepalli Radhakrishnan

Freedom to Choose



Dr. Sarvepalli Radhakrishnan

Teacher | Philosopher | Statesman
(1888 – 1975)

I have the freedom to choose my way,
To learn, to dream, to work each day.

But every choice that I make
Has consequences I must take.

I can speak, but I must be kind,
I can explore, but keep others in mind.

I can reach for the stars above,
But must walk with respect and love.

Freedom gives me a chance to grow,
Responsibility tells me where to go.

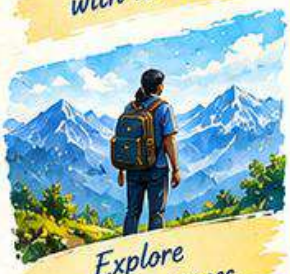
Together they make a path so bright—
Freedom to choose, responsibility to do right.



Learn with curiosity



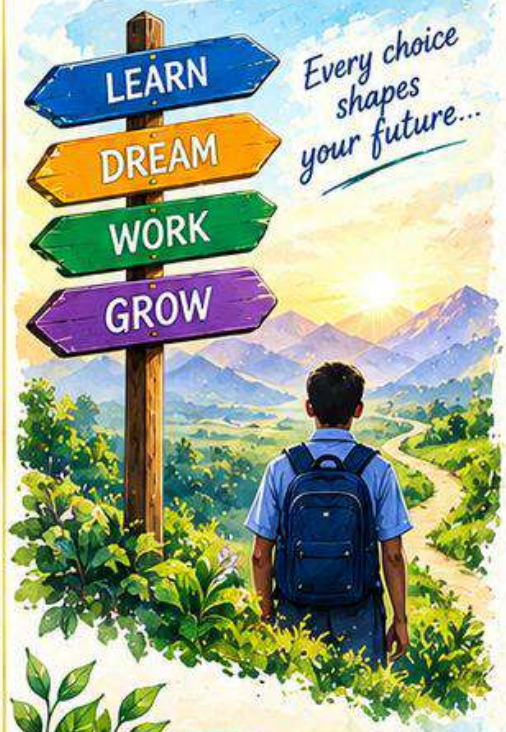
Speak with kindness



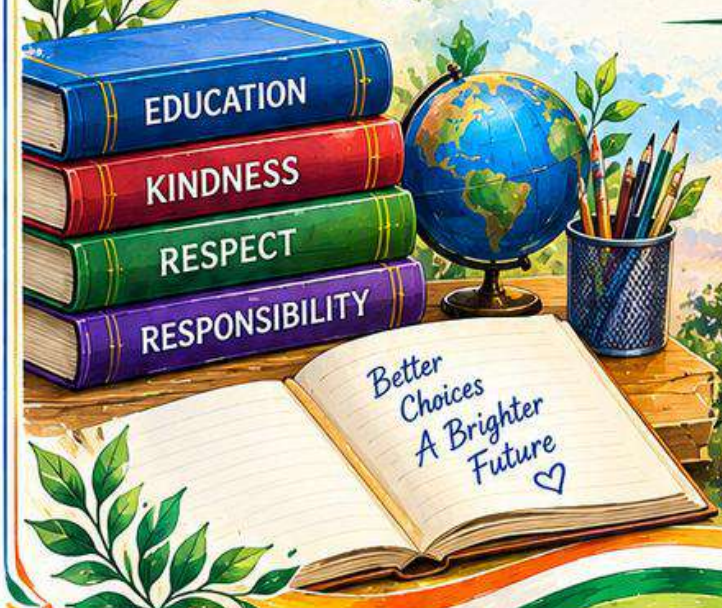
Explore with awareness



Help with compassion



Every choice shapes your future...

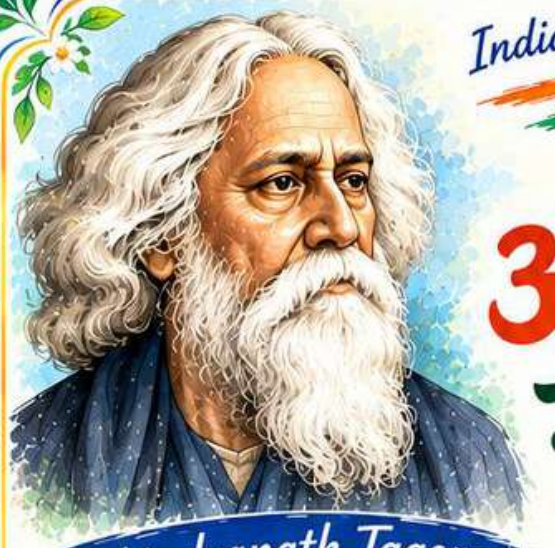


Freedom to choose, responsibility to do right.
— Dr. Sarvepalli Radhakrishnan



Indian Independence Month

आज़ादी का सही अर्थ



Rabindranath Tagore
(1861 – 1941)
Poet • Philosopher • Nobel Laureate

"Where the mind is without fear and the head is held high..."
— Rabindranath Tagore

"स्वतंत्रता केवल अधिकार नहीं, यह एक जिम्मेदारी भी है!"
— रवीन्द्रनाथ टैगोर

आज़ादी केवल मन की चाह नहीं,
यह जिम्मेदारी की राह भी सही।

अपने सपनों को पंख लगाएँ,
पर दूसरों के सपनों का भी मान बढ़ाएँ।

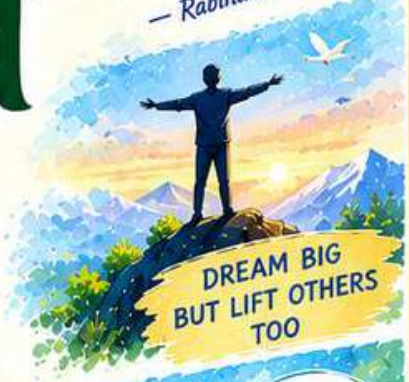
बोलने की आज़ादी मिली है हमें,
तो शब्दों में प्रेम रखें अपने।

चुनने की मिली जब राह नई,
सोचें कि उससे भलाई हो सभी की।

सच्ची आज़ादी वही कहलाती,
जो सबके जीवन में खुशियाँ लाती।

अधिकारों के संग कर्तव्य निभाएँ,
मिलकर भारत को बेहतर बनाएँ।

— ARNAV TRIPATHI
XII A

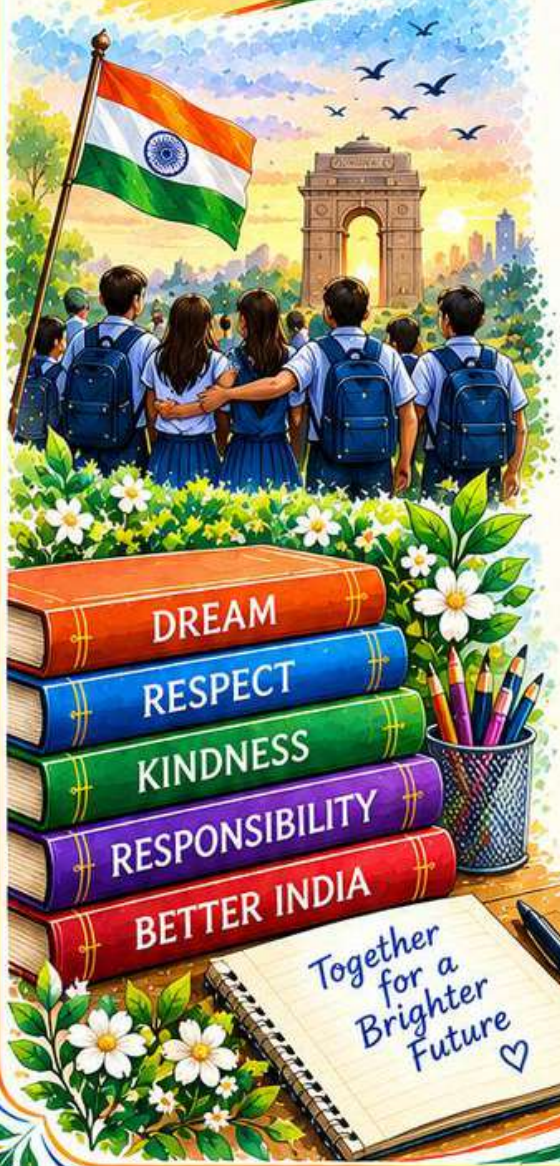












Indian Independence Month

मेरी आज़ादी

"Arise, Awake, and stop not till the goal is reached."
— Swami Vivekananda



Swami Vivekananda
(1863 – 1902)
Monk • Philosopher • Nationalist

मेरी आज़ादी, मेरा मान,
मेरे सपनों की यह उड़ान।

पर मैं इतना याद रखूँ,
हर कदम सोच-समझकर रखूँ।

मैं बोलूँ तो सच बोलूँ,
दुखते दिल पर मरहम घोलूँ।

मैं चुनूँ तो सही चुनूँ,
अपने कर्मों की जिम्मेदारी बुनूँ।

आज़ादी का यही संदेश—
सम्मान, प्रेम और सच्चाई विशेष।

जब जिम्मेदारी साथ निभाएँ,
तभी स्वतंत्रता को सार्थक बनाएँ।

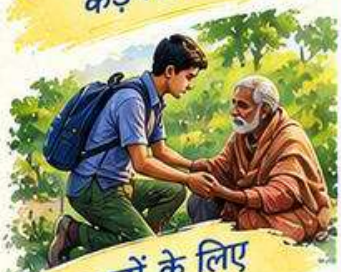
सही सोच, सही चुनाव, एक बेहतर कल!



सपने देखो, मेहनत करो!



सच बोलो, कड़वाहट नहीं!



दूसरों के लिए भी सोचो!



सम्मान, प्रेम और सच्चाई!



Dream
Learn
Achieve



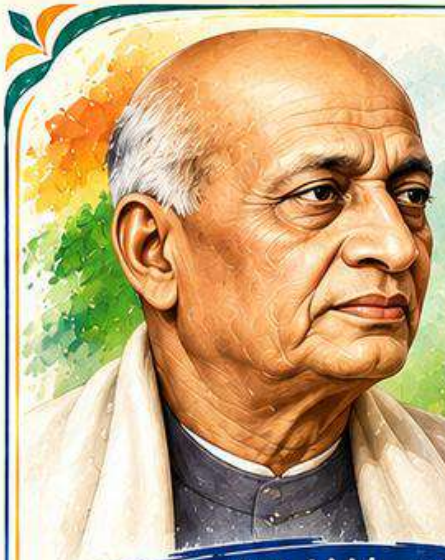
Small Choices Big Impact ♡



— PRATYUSH SINGH
XII A

Indian Independence Month

स्वतंत्रता और जिम्मेदारी



Sardar Vallabhbhai Patel
(1875 – 1950)
Iron Man of India

"स्वतंत्रता के साथ कर्तव्य का निभाना ही सच्ची देशभक्ति है!"
— सरदार वल्लभभाई पटेल

आज़ादी है पंख हमारे,
उड़ने को खुले गगन
के द्वारे।

सोचने, बोलने और चुनने का
अधिकार,
जीवन को देने नए
विचार।

पर आज़ादी के साथ यह
याद रखें,
अपने कर्तव्यों को भी साथ
रखें।

जो बोलें, उसमें सच्चाई हो,
हर कदम में भलाई हो।

अपनी राह चुनने की आज़ादी है,
पर दूसरों की भी उतनी
ही आज़ादी है।

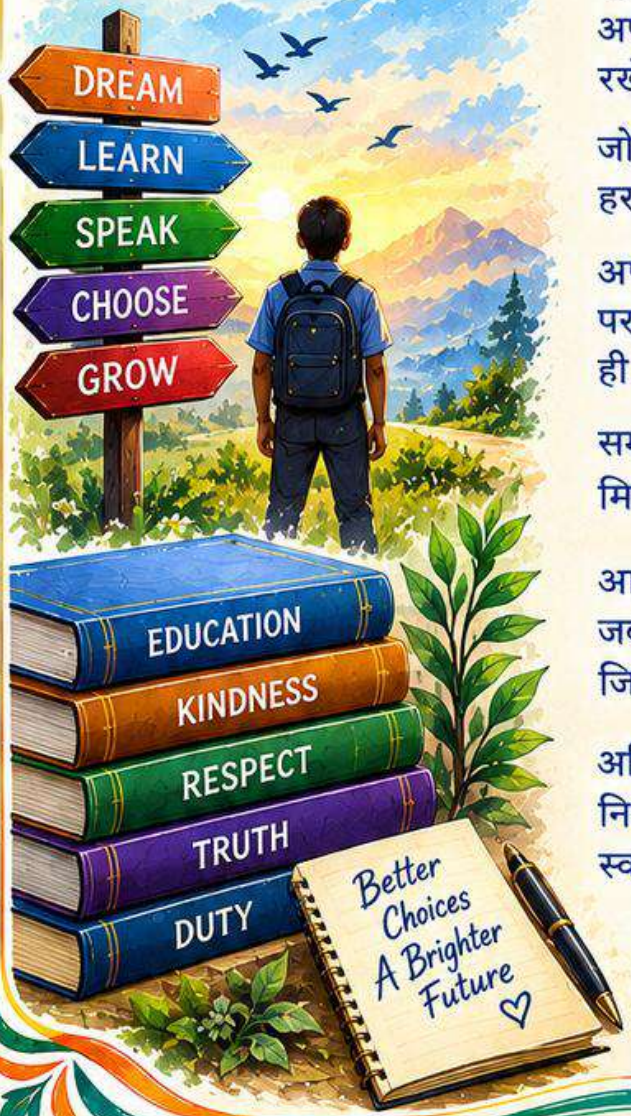
सम्मान, दया और सत्य अपनाएँ,
मिलकर सुंदर दुनिया बनाएँ।

आज़ादी तब सच्ची कहलाए,
जब हर दिल में
जिम्मेदारी आए।

अधिकारों के संग कर्तव्य
निभाएँ,
स्वतंत्रता का मान बढ़ाएँ।

— ISHANT ARYAN
Class XII A

आज़ादी
हमें दिशा देती है,
जिम्मेदारी
उसे अर्थ देती है!





बोलो सच्चाई,
बढ़ाओ भाईचारा!



मेरी आज़ादी
तभी पूरी है,
जब सबकी आज़ादी हो।



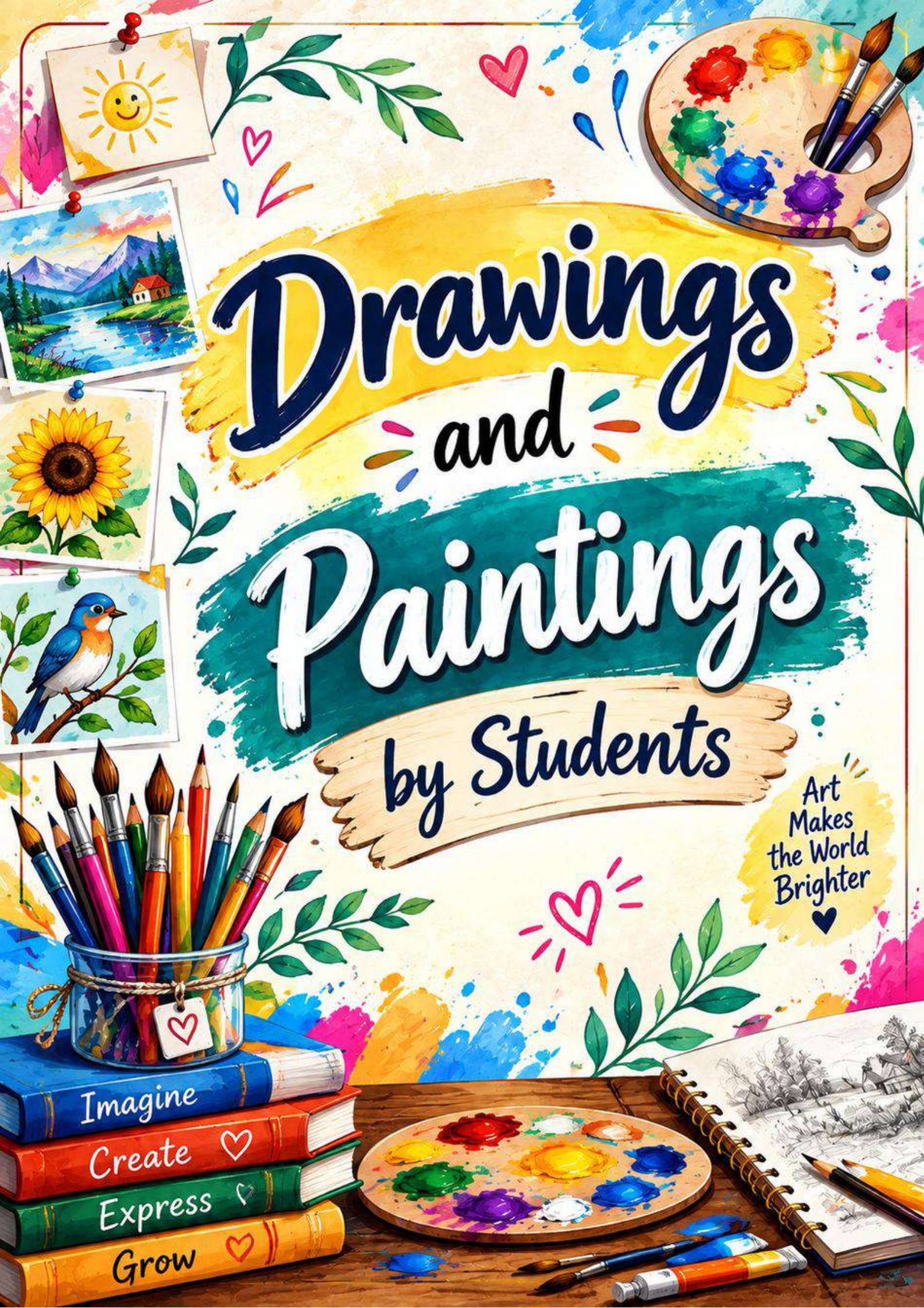
कर्तव्य निभाएँ,
भविष्य सजाएँ।



मिलकर बनाएँ
एक बेहतर दुनिया।

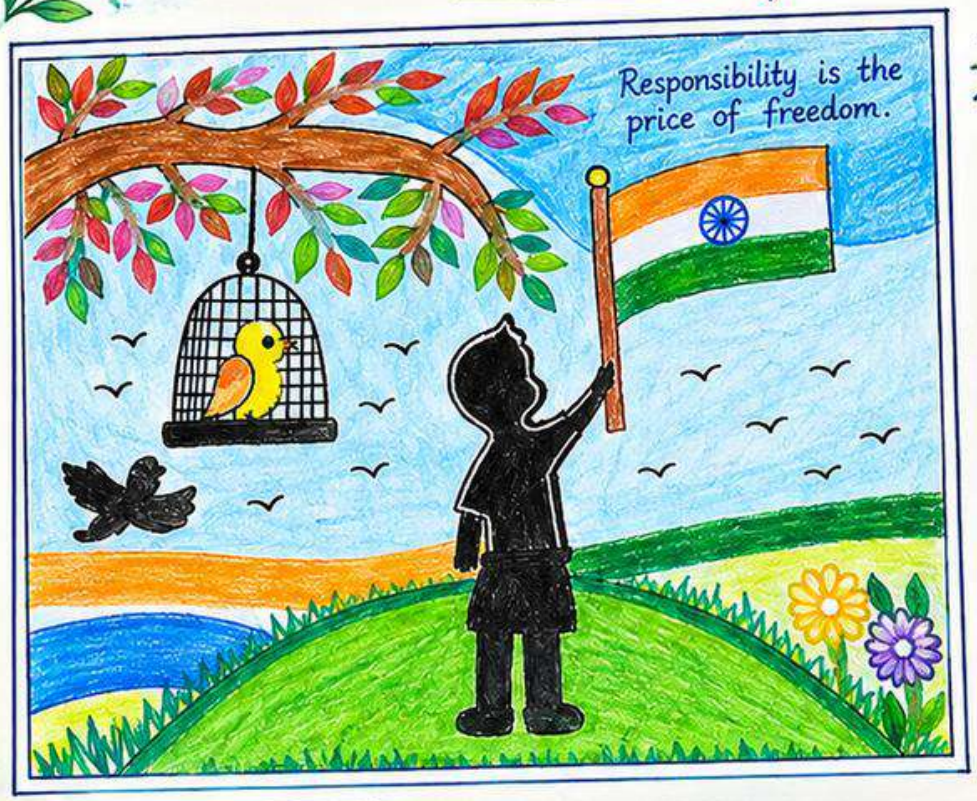


स्वतंत्रता
का सम्मान,
जिम्मेदारी के साथ!


Drawings
and
Paintings
by Students
Art Makes the World Brighter
Imagine
Create
Express
Grow

Freedom with Responsibility

Freedom is not just the right to do what we want,
but the wisdom to do what is right.



Responsibility is the Price of Freedom

By: Aavya Singh (V-B)

This artwork beautifully shows that true freedom is not just about independence, but also about taking responsibility. It reminds us that with freedom comes the duty to make the right choices, for a better tomorrow.

Freedom grows when we choose responsibility.

Unity in Diversity

By: Akarsh (VI-A)

This artwork beautifully shows how many nations, people and cultures can come together for one common goal – peace. The dove represents harmony, and the world reminds us that we are all part of the same family.

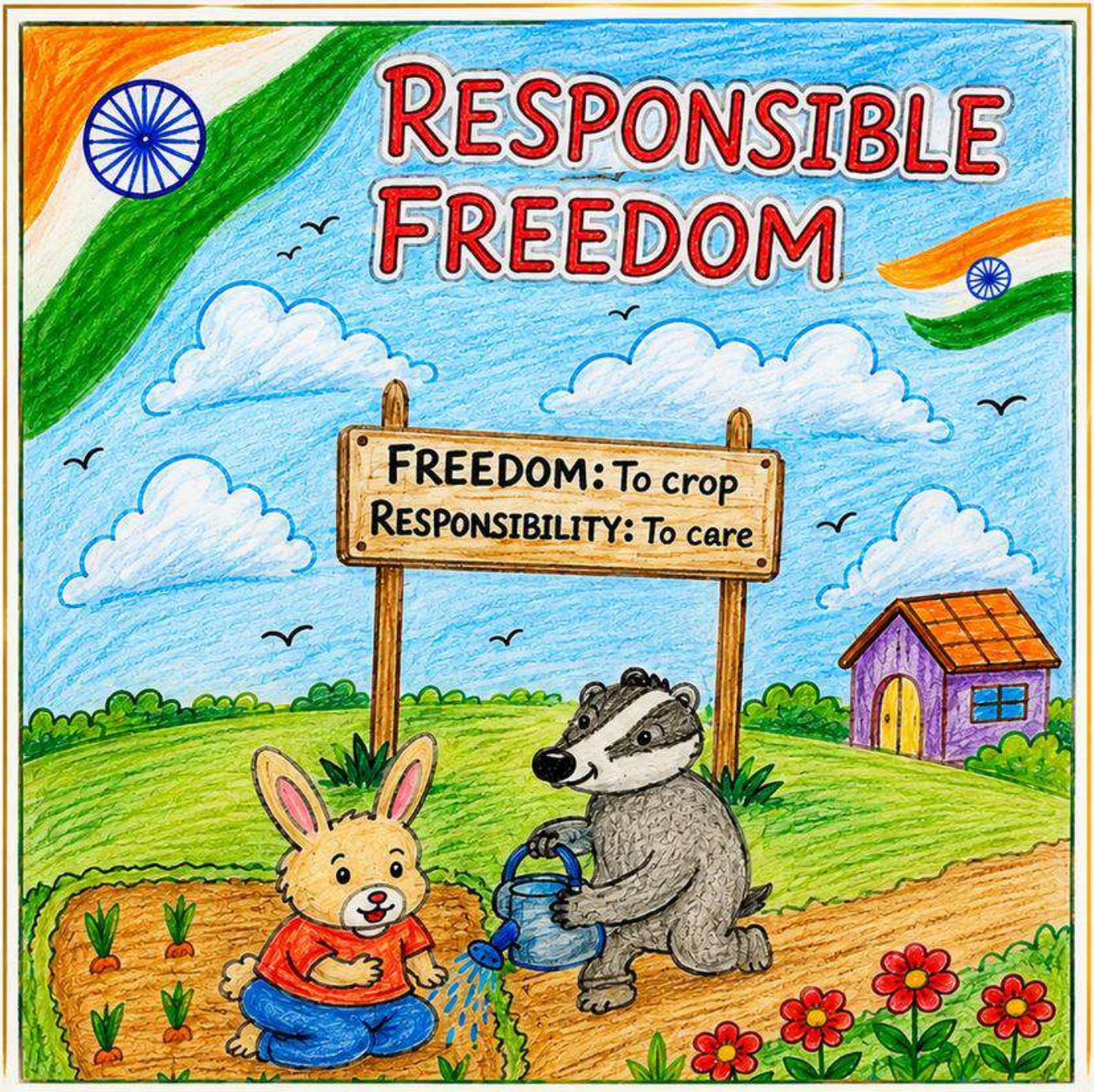
Different colours...
Same dream...



Let's build
a kinder, freer
and more united world.

FREEDOM WITH RESPONSIBILITY

Small Choices • Big Impact • A Better Tomorrow



Aradhya Chandra • IX-A

FREEDOM WITH RESPONSIBILITY

Every choice brings a responsibility.



THE MESSAGE

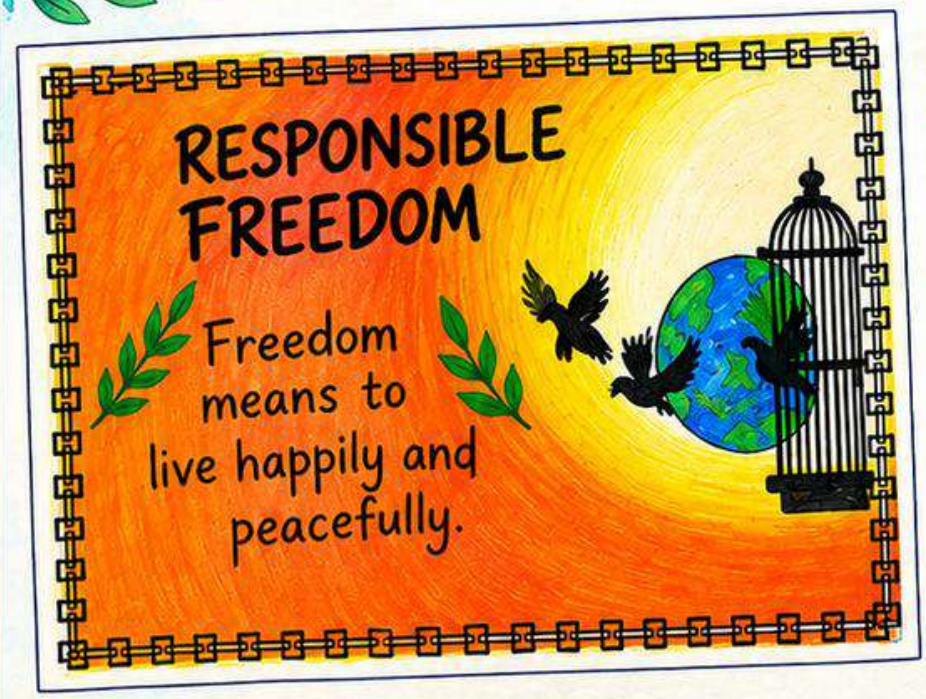
Freedom gives us the power to choose how we live, act and express ourselves. But every choice has a consequence. True freedom means using our choices wisely, caring for others and protecting the world around us. Responsibility helps us make choices that create happiness, kindness and a better tomorrow.

Abhigya Chandra • V-B

Student Paintings

Art speaks where words cannot...

Small Hands... Big Imagination... Beautiful Creations



Atharv Sharma (V-B)

This beautiful drawing shows that freedom is not only about independence, but also about the responsibility to live with kindness, care and peace.

Anirudh Tiwari (V-B)

This artwork beautifully blends our culture, tradition and the spirit of unity, reminding us that freedom is stronger when we stay together.



Different Colours... Same Dream...

Art • Imagination • A Brighter Tomorrow

FREEDOM WITH Responsibility

A student's vision of freedom



True freedom is not just the right to choose, but the courage to do what is right. This beautiful drawing reminds us that freedom and responsibility go hand in hand — for a kinder, safer and brighter world.

Aavya Singh — V-B

Sports and Achievements

Play
Learn
Compete
Grow

Healthy Students Build a Stronger Tomorrow

St. Ann's Convent School
LUCKNOW

Discipline
Teamwork
Success



Not just in Sports, but in Life!



Sports Build Character ♥ Achievement Builds Confidence

Small Steps Lead to Big Dreams

ST ANN'S CONVENT SCHOOL

Play Hard Dream Big

KABADDI GIRLS TEAM

STRENGTH • UNITY • DETERMINATION



GOLD MEDAL WINNERS

"Strong Mind, Strong Team, Stronger Tomorrow."

OUR KABADDI STARS

The Under-17 Girls' Kabaddi Team of St. Ann's Convent School has once again proved that true champions are not only made on the field, but also in the values they carry in life. With discipline, hard work and unshakable team spirit, our young players have brought glory to the school by winning the Lucknow Kabaddi Zonals Final and securing the **Gold Medal (1st Place)** on 24 July 2026.

In a thrilling final match against the host team, **LPS**, our girls displayed exceptional skill, confidence and unity, winning with a remarkable score of **25–11.**

Proud of You Our Champions!

TEAM MEMBERS

S.No.	Name	Class.	Sec.
1	Kritika Singh	XI	C
2	Pranshi Shukla	X	B
3	Mahek Verma	X	A
4	Aditi Jaiswal	X	B
5	Pradeepti Singh	IX	A
6	Kavya Singh	VIII	C
7	Shreya Singh	IX	A
8	Sanidhya	VIII	C
9	Shubhi Tiwari	XI	C
10	Aradhaya Tiwari	VII	B
11	Anshika Sara Paul	VIII	A
12	Wania Siddiqui	IX	A

More Than Just a Game...

Kabaddi teaches them courage, strategy, patience and the power of teamwork. These girls didn't just play the game, they showed what true determination looks like.

Same Girls Bigger Dreams



"Strong Mind, Strong Team, Stronger Tomorrow."



PROUD MOMENTS • BRIGHT FUTURES

Small Steps... Big Dreams...

Play Hard Dream Big

ST ANN'S CONVENT SCHOOL

KABADDI CHAMPIONS

COURAGE • TEAMWORK • VICTORY

3

BRONZE MEDAL



Congratulations to Our Kabaddi Champions!

Heartiest congratulations to the St. Ann's Convent School Under-17 Girls Kabaddi Team for securing the **Bronze Medal (3rd Position)** at the CISCE (UP) Regional Kabaddi Tournament.

A special congratulations to

KRITIKA SINGH

on her outstanding achievement of being selected for the CISCE National Kabaddi Championship.

Your hard work, determination and team spirit have made the entire school proud.

Wishing you continued success and many more achievements in the future.

SPIRIT BUILDS CHAMPIONS

Braver
Stronger
Together

From Our School To Greater Victories...

ST ANN'S CONVENT SCHOOL
LUCKNOW

KABADDI BOYS ZONALS TOURNAMENT

LPC B Block, Rajajipuram

Teamwork Turns Effort into Victory



Proud of Our CHAMPIONS!

Boys Kabaddi Team

Attendance for 23 July 2026

1.	Rudra maurya	– 10B
2.	Arun kumar	– 11B
3.	Atharv Yadav	– 11B
4.	Arush Yadav	– 10B
5.	Manu pratap singh	– 11B
6.	Harshit singh	– 11A
7.	Aditya khushwaha	– 11B
8.	Yashwant singh	– 11A
9.	Prince Tiwari	– 10A
10.	Utkarsh saini	– 11B

Your hard work, team spirit and determination have made St. Ann's proud! You showed great courage, skill and unity by defeating many schools in the Zonals and bringing laurels to our school in Lucknow.

Keep playing, keep inspiring!

Special Thanks

To our respected Principal **Sr. Shaly M.M.**

For her constant support, encouragement and belief in us. Your guidance inspires us to be better every day.

Your presence and blessings mean a lot to us!

Small Steps Make Big Champions

Grateful to our parents and teachers

for their unconditional love, sacrifices and support. You are the real strength behind our success.

Small Steps... Big Dreams...

ST. ANN'S CONVENT SCHOOL
LUCKNOW

Play Learn Grow Together

ANNITES LUCKNOW
KHO KHO TEAM
CISCE

TEAM SPIRIT BRINGS SUCCESS



Congratulations
TO OUR KHO KHO TEAM

TOGETHER WE WIN!

SPEED | STRATEGY | STRENGTH | TEAMWORK

The St. Ann's Convent School Kho-Kho Team has showcased exceptional talent, determination and team spirit at the CISCE (UP) Zonal Kho-Kho Championship, securing a well-deserved place in the **Third Prize (3rd Position)**.

Your hard work has made the school proud!

ZONAL 3RD PLACE

*Under-17 Girls' Kho-Kho Team secured **Third Position** at the CISCE (UP) Zonal Kho-Kho Championship.*

Agility • Strategy • Team Spirit

Proud of Our Champions

"Success is not a destination, it's the result of teamwork and perseverance."

KHO KHO

St Ann's KABADDI QUEEN

"Dream Play Achieve"

Strength • Courage • Determination

KRITIKA SINGH

OUR PRIDE | OUR CHAMPION



Sr. Shaly M.M
Principal
St. Ann's Convent School, Lucknow

Heartiest Congratulations

to Kritika Singh for her outstanding achievements in Kabaddi!

Your hard work, discipline and never-give-up attitude have made the entire St. Ann's family proud. You have shown that girls can achieve anything they dream of!

Keep shining and reaching higher!



ZONAL LEVEL
KABADDI COMPETITION
Represented St. Ann's Convent School as a team member.

REGIONAL LEVEL
KABADDI COMPETITION
Selected as a team member of Lucknow Kabaddi Team and won the competition.

NATIONAL LEVEL
KABADDI COMPETITION
Selected as a team member of **U.P. Kabaddi Team** for the National Kabaddi Competition.

A Special Thanks to Our Respected Principal

With deep gratitude, I would like to thank Sr. Shaly M.M, our respected Principal, for her constant support, encouragement and belief in me. Her kind words, vision and guidance have always motivated me to do my best. She truly believes in every student and gives us the strength to achieve our dreams.

Thank you, Sister! You are an inspiration! ♥

My Heartfelt Thanks to My Parents and Teachers

I am truly grateful to my parents for their unconditional love, sacrifices and constant encouragement. They have always stood by me in every step of my journey.

I also extend my heartfelt thanks to all my teachers who guided me, supported me and helped me believe in myself. Their teachings and motivation have shaped my confidence and success.

This win is also yours ♥

From St. Ann's to the National Stage



"Success is not just about winning medals, but about the people who stand by you along the way."

— Kritika Singh

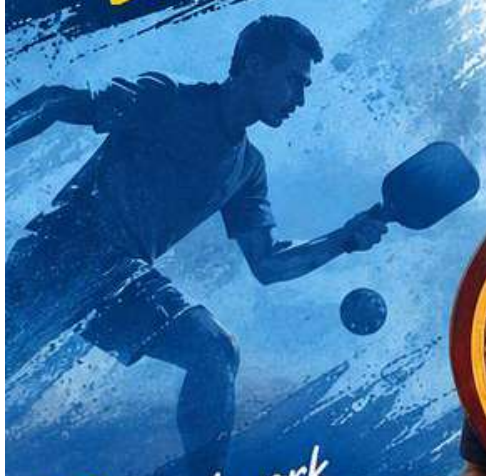
Small Steps Big Dreams

ST. ANN'S CONVENT SCHOOL

PROUDLY CELEBRATES

Small Steps... Big Dreams...

Play Learn Grow Achieve





DISTRICT PICKLEBALL CHAMPIONSHIP 2025

"Hard work turns talent into victory."

Runner Up
Sportsman Cup

Lucknow Pickleball Association

A proud achievement in Pickleball

RUTIK SINGH

OF ST. ANN'S CONVENT SCHOOL

We are proud to share that **Rutik Singh** has won the **Runner Up Trophy** at the District Pickleball Championship 2025, organized by the Lucknow Pickleball Association.

His dedication, hard work and sportsmanship have brought great pride to our school.



Keep playing, keep growing!

"Your spirit on the court inspires us all!"

SPORTS BUILDS CHARACTER

Small Steps... Big Dreams...

St. Ann's Convent School

LUCKNOW

Play Learn Grow Together

Congratulations

to Our

DARSHIKA MISHRA

GOLD & SILVER MEDAL WINNER

AT THE

STATE LEVEL TAEKWONDO COMPETITION



GOLD MEDAL

IN STATE LEVEL TAEKWONDO COMPETITION

SILVER MEDAL

IN STATE LEVEL TAEKWONDO COMPETITION

Future Champion

Your hard work, discipline and determination have made the entire school proud. Keep shining and continue to achieve great success!



Stronger Faster Braver

"Success is not a destination, it's the result of hard work and perseverance."

St Ann's SKATING STAR

DISCIPLINE | DETERMINATION | SUCCESS

"Dreams Roll Forward"



Sr. Shaly M.M.
Principal
St. Ann's Convent School, Lucknow

Heartiest Congratulations

to **Harshit Singh** (Class XI) for his outstanding performance at the CISCE UP Zonal Skating Tournament 2026 held at La Martiniere College.

Silver Medal
U-17 1000m Rink Track

Bronze Medal
U-17 500m Rink Track

Your hard work, determination and passion have made us proud. Keep shining and skating towards greater success!



Proud of You Harshit!

A Special Thanks

To Our Respected Sister Principal

Respected Sister,
you are not just a leader, but a true inspiration. Your constant support, encouragement and belief in us have helped me grow, both in sports and in life. You always stand by me, guiding, motivating and giving us the confidence to dream bigger.

Thank you for being the strong pillar behind my success.

— Harshit Singh

My Parents & Teachers

My Pillars of Strength

To my dear parents,
Thank you for your unconditional love, sacrifices and support. You have always stood by me in every step of my journey. I am lucky to have you both.

To my teachers,
A special thanks to all my teachers for their guidance, motivation and faith in me. Your encouragement has helped me grow, both in sports and in life.

With hartfelt gratitude,
— Harshit Singh



"Success is not just about winning medals, but about the people who stand by you along the way."
— Harshit Singh

★ Keep Gliding Towards Your Dreams ★

St. Ann's Convent School

LUCKNOW

Team Work Builds Champions

Play Hard Stay United

All The Best to our BASKETBALL TEAM

FOR THE UPCOMING MATCH IN THE

INTER-STATE SCHOOLS BASKETBALL TOURNAMENT















Keep Dribbling Keep Dreaming

Discipline Today Success Tomorrow

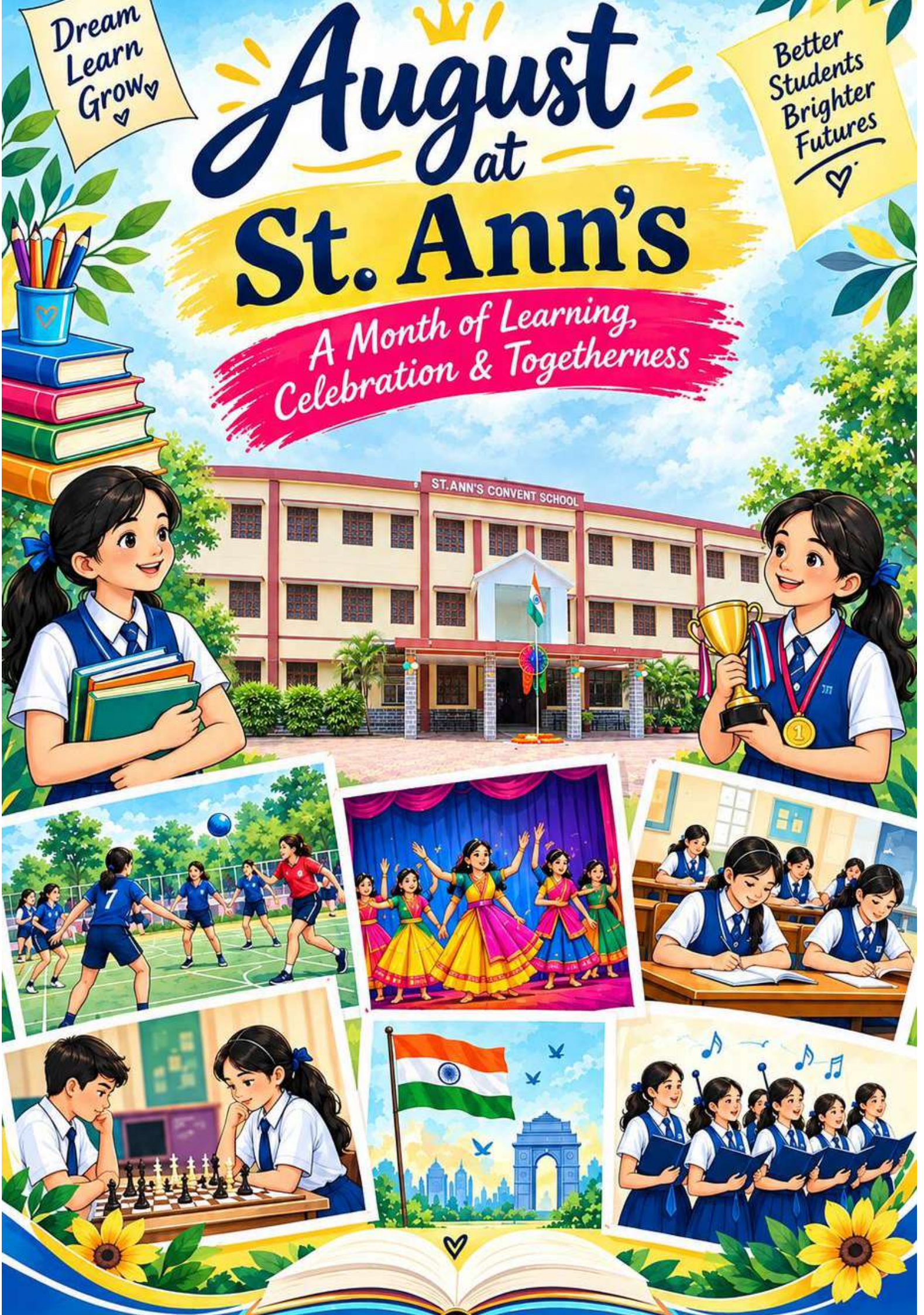
Your practice will show the result!





Together We Can Do It!

Go, Team!


Dream
Learn
Grow
August
at
St. Ann's
Better
Students
Brighter
Futures
A Month of Learning,
Celebration & Togetherness
ST.ANN'S CONVENT SCHOOL

St. Ann's Convent School

LUCKNOW

Happy Independence Day

Freedom • Unity • Progress

Proud to be Indian

Small Steps... Big Dreams...

Let's Build a Brighter India













"Freedom is not just a word, it is a feeling we live every day."

St. Ann's Convent School
LUCKNOW

Independence Day Celebrations

Proud to be Indian



Flag Hoisting Ceremony



Cultural Program



Creative Expressions

"Let's cherish our freedom,
and work for a brighter tomorrow."

St. Ann's Convent School
LUCKNOW

LITTLE Doctor COMPETITION

For Classes III to V







Future Doctors in the Making

Be a helper, be a healer!

Small Steps... Big Dreams...

Today you learn... Tomorrow you heal...

Brave hearts, caring hands... that's what makes a great doctor!

St. Ann's Convent School

LUCKNOW

Look Observe Find!

Shapes are everywhere!

Shapes Hunt Activity

For Classes 1 & 2







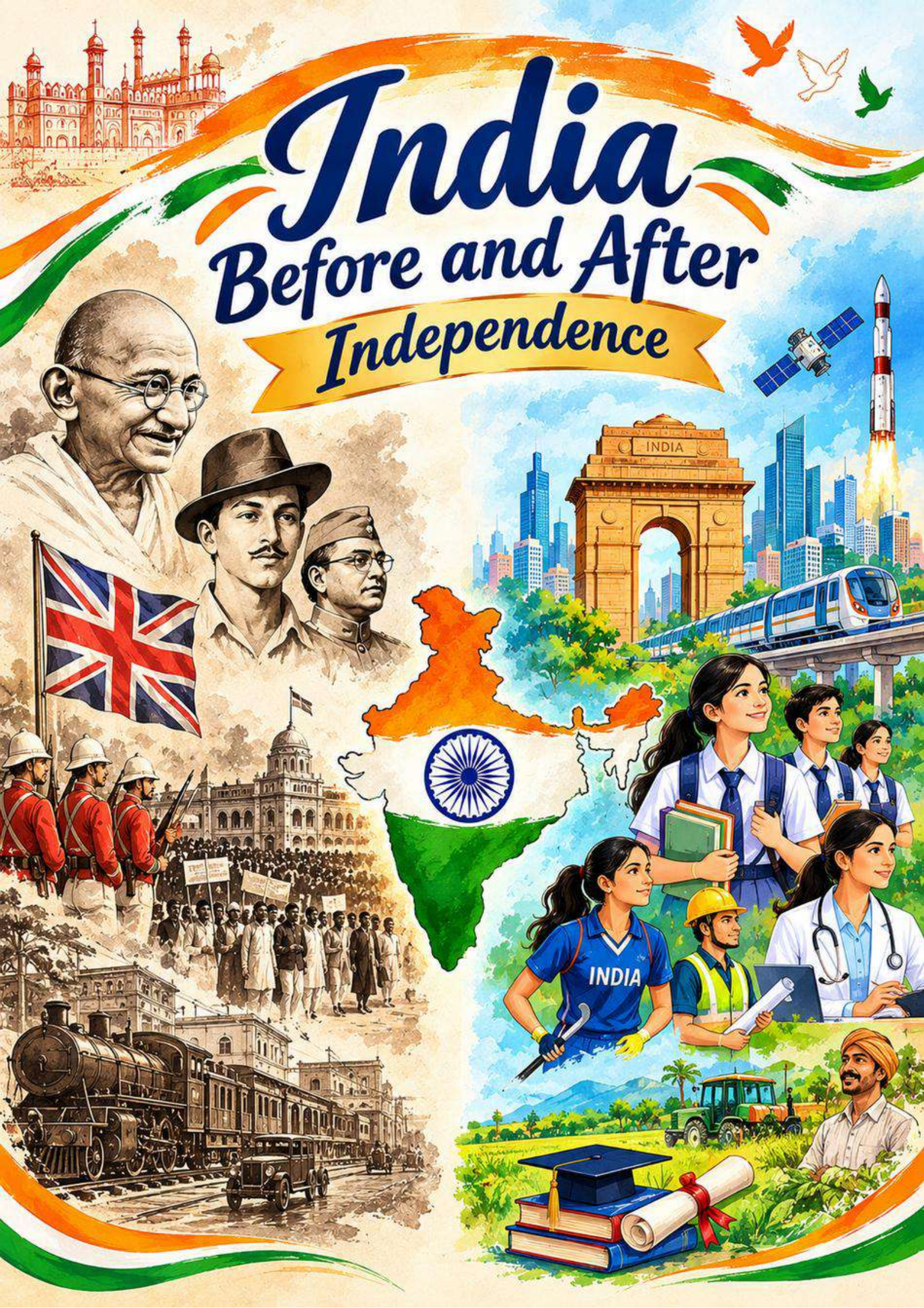






Little Eyes...
Big Observations...
Great Learners!

India
Before and After
Independence

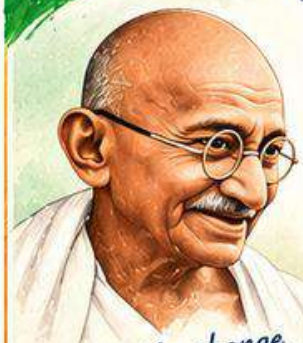


INDIA'S JOURNEY TO INDEPENDENCE

A Timeline of Courage, Sacrifice and Freedom

"Freedom is not given, it is won."

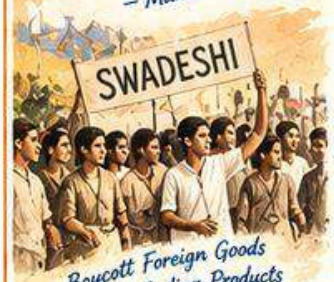
India's independence was not achieved overnight. It was the result of a long and determined struggle involving countless freedom fighters, movements, protests, sacrifices, and ordinary citizens who stood together for freedom.



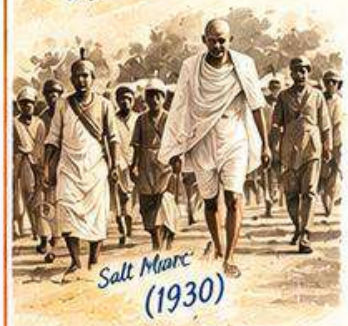
"Be the change you wish to see in the world."
– Mahatma Gandhi

Key Timeline

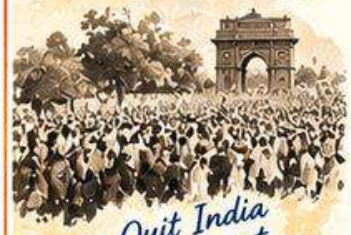
Year	Event
1757	**Battle of Plassey** The East India Company's victory marked a major turning point in its political control over Bengal.
1857	**The Revolt of 1857** One of the earliest major uprisings against British rule.
1885	**Indian National Congress founded** It became an important platform for India's freedom movement.
1905	**Partition of Bengal** The decision led to widespread protests and strengthened the Swadeshi Movement.
1915	**Mahatma Gandhi returned to India** from South Africa and soon became a leading figure in the freedom struggle.
1919	**Jallianwala Bagh Massacre** British troops fired on a gathering in Amritsar, shocking the nation and intensifying opposition to British rule.
1920–22	**Non-Cooperation Movement** Gandhi encouraged Indians to withdraw cooperation from British institutions and goods.
1930	**Dandi March / Salt March** Gandhi led a historic march to the sea to challenge the British salt laws.
1930–34	**Civil Disobedience Movement** Indians openly challenged unjust colonial laws.
1942	**Quit India Movement** The call of "Do or Die" marked one of the most powerful mass movements against British rule.
1946	**Cabinet Mission** British leaders began negotiations concerning India's constitutional future and transfer of power.
1947	**Indian Independence Act** The British Parliament passed the legislation providing for the creation of India and Pakistan.
15 August 1947	**India became independent.** Jawaharlal Nehru became the country's first Prime Minister.



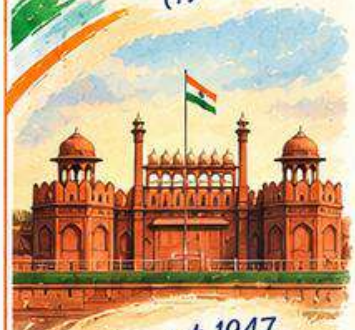
Boycott Foreign Goods
Support Indian Products



Salt March (1930)



Quit India Movement (1942)



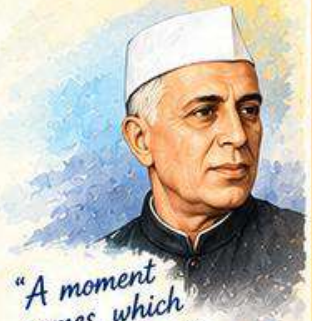
15 August 1947
India is Free!



"Inquilab Zindabad"
– Bhagat Singh



"Give me blood and I will give you freedom."
– Subhas Chandra Bose



"A moment comes, which comes but once in a lifetime."
– Jawaharlal Nehru



United for a Stronger India

INDIA'S ACHIEVEMENTS IN SPACE

From Aryabhata to the Moon, Mars and Beyond

Bigger Dreams Bolder Missions

India's space journey began with modest beginnings but has grown into one of the country's greatest scientific achievements. From launching its first satellite to exploring the Moon and Mars, India's progress in space science reflects **innovation, determination** and the spirit of **self-reliance.**

A JOURNEY THROUGH THE YEARS

1969
ISRO is Born
The Indian Space Research Organisation (ISRO) was established on 15 August 1969, laying the foundation for India's organised space programme.

1975
Aryabhata
India's first satellite, Aryabhata, was launched on 19 April 1975. It marked India's first major step into the space age.



1980
Rohini Satellite
India successfully placed the Rohini satellite into orbit using the indigenous SLV-3 launch vehicle, showing India's growing launch capability.



1980s–1990s
Satellites for Society
Satellite programmes supported telecom, TV broadcasting, weather forecasting, education and remote sensing, benefiting ordinary citizens.



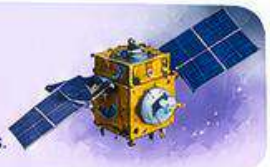
2008
Chandrayaan-1
India's first lunar mission, Chandrayaan-1, was launched on 22 October 2008. It marked India's entry into lunar exploration.



2013–14
Mangalyaan
India's Mars Orbiter Mission (Mangalyaan) was launched in 2013 and entered Mars orbit on 24 September 2014. India became the fourth space agency to reach Mars orbit.



2015
Astrosat
India launched AstroSat, its first dedicated astronomy mission, capable of observing celestial objects across multiple wavelenghts.



2019
Chandrayaan-2
Chandrayaan-2 successfully placed its orbiter around the Moon. The orbiter continued providing valuable information about the lunar environment.



2023
Chandrayaan-3
On 23 August 2023, India achieved a historic soft landing on the Moon. First to land in the Moon's southern high-latitude region.



2023
Aditya-L1
India launched Aditya-L1, its first space-based solar observatory, to study the Sun and its atmosphere.



2024
XPoSat
India launched XPoSat, a mission dedicated to studying X-ray polarisation from cosmic sources, expanding space astronomy capabilities.



2025
SpaDeX
India successfully demonstrated autonomous docking and undocking of two satellites, making India the fourth nation to demonstrate space docking technology.



2025
India at the International Space Station
Group Captain Shubhanshu Shukla became the first Indian to travel to the ISS as part of the Axiom-4 mission and conducted seven microgravity experiments.



Looking Ahead
Gaganyaan
India's Gaganyaan programme aims to demonstrate India's capability to send humans to Low Earth Orbit and safely bring them back. A big step towards future human spaceflight and exploration.



"From the skies of Earth to the horizons of space... India dreams, explores and achieves!"

Indian Space Journey

— PRIDE | PROGRESS | POSSIBILITIES —

INDIA & COMPUTER & IT

FROM SKILL TO GLOBAL IMPACT

Technology isn't just a tool... it's India's future!

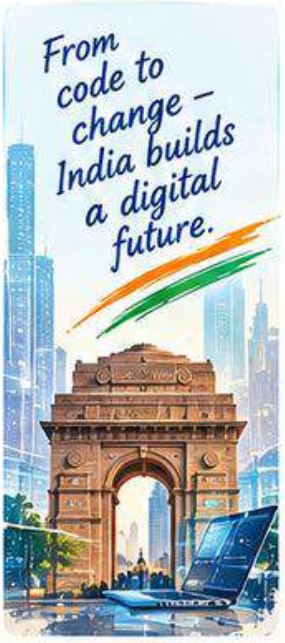


THE CURRENT SCENARIO

- India is the **3rd largest IT workforce** in the **world** (with **5+ million** professionals).
- The Indian IT-BPM industry is valued at **$245+ billion** (2024) and is expected to reach **$350+ billion** by 2028.
- India has **100+ unicorns** (tech startups), the third highest in the world.
- It is a global leader in software services, cloud computing, AI, and digital solutions.

KEY ACHIEVEMENTS

1980s	TCS, Infosys, Wipro and HCL laid the foundation of India's global IT presence.
1990s	Y2K and global outsourcing brought India to the world stage.
2000s	BPO, KPO and software exports scaled rapidly.
2010s	Digital India, Aadhaar, UPI and e-Governance transformed public services.
2020s	Rise of AI, cloud, cybersecurity, fintech and deep tech startups.



INDIA'S DIGITAL INDIA IMPACT

UPI
World's largest digital payment system.

AADHAAR
Unique digital identity for **1.4+ billion** citizens.

DigiLocker
Secure digital document storage for all.

e-Governance
Faster, simpler, transparent services.

Cloud
Enabling businesses, startups and innovation.

AI & Innovation
Building a smarter, self-reliant India.

FUTURE SCOPE

- **AI & Machine Learning** — Smart India, smarter solutions.
- **Semiconductors** — Building India's own chip ecosystem.
- **Cloud & Data Centers** — Powering the digital economy.
- **Cybersecurity** — Safer digital world.
- **Gaming & Metaverse** — New-age career opportunities.
- **Green Tech & Sustainable IT** — Tech for a better tomorrow.
- **Global Leadership** — From services to product innovation.

WHY INDIA?

- Large, skilled talent pool
- Cost-effective innovation
- Strong government support
- Growing startup ecosystem
- Global demand for Indian IT professionals

Learn Code Create Build Your Future ☺

INDIAN VISION

"From Digital India to a Global Tech Leader – India's journey is powered by its people, its talent and its technology."

— GOI VISION



INDIA IN THE DIGITAL AGE

MORE SKILLED YOUTH | MORE STARTUPS
MORE INNOVATION | A STRONGER NATION

Better Skills Bigger Dreams A Stronger India

INDIA'S ACHIEVEMENTS IN EDUCATION

Building Knowledge, Innovation and Excellence

LEARN
GROW
ACHIEVE

Education Builds a Brighter Tomorrow

Education in Numbers

14% → 74%+
India's literacy rate rose dramatically from about 14% at Independence to over 74% in the 2011 Census.

23 IITs
India had 23 IITs in 2025, compared with 16 in 2014–15.

21 IIMs
The number of IIMs increased from 13 to 21 between 2014–15 and 2025.

20 AIIMS
India had 20 AIIMS institutions in 2025, compared with 7 in 2014–15.

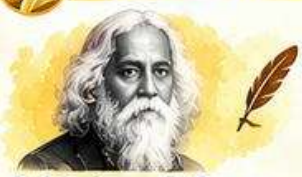
70,018
Higher education institutions in India in 2025.

54
Indian universities featured in the QS World University Rankings 2026, compared with 13 in 2015.

More Learning More Possibilities

Major Indian Achievements & Prizes

Nobel Prizes



Rabindranath Tagore
Nobel Prize in Literature, 1913
First Asian Nobel laureate and one of India's most celebrated literary figures.



C. V. Raman
Nobel Prize in Physics, 1930
For his work on the scattering of light and the discovery of the Raman Effect.



Har Gobind Khorana
Nobel Prize in Physiology or Medicine, 1968



Subrahmanyan Chandrasekhar
Nobel Prize in Physics, 1983

Institutions that Put India on the Global Map



IITs
Globally recognised for engineering, technology and research.



IISc Bengaluru
One of India's leading institutions for scientific research and higher education.



IIMs
Among India's leading institutions for management education.

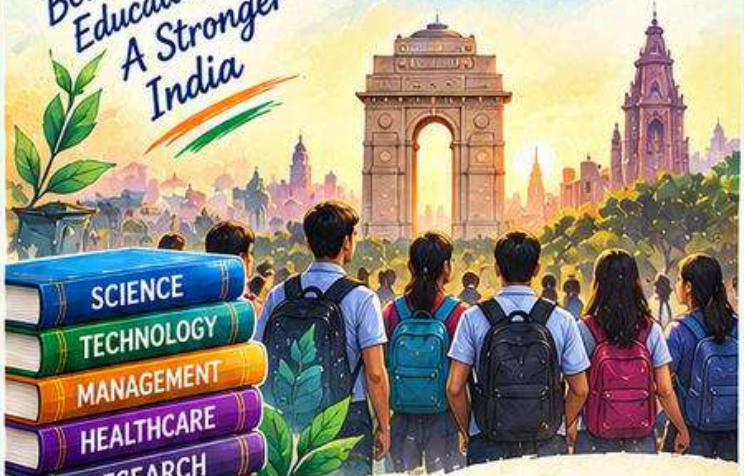


AIIMS
Major centres for medical education, healthcare and research.



ISRO & Indian research institutions
India's scientific achievements have created opportunities for students and researchers to work on advanced space and technology programmes.

Better Education A Stronger India



Education Empowers Individuals and Builds a Stronger Nation

INDIA IN SPORTS
— BY THE NUMBERS —

More Sports Stronger India

From historic wins to new records — India's sporting journey is a story of hard work, talent and unstoppable spirit!

OLYMPICS

41 medals won by India in the **Summer Olympics** overall, including the 2024 Paris Games.

10 Olympic gold medals in total.

2024 Paris Olympics: **6 medals** — 0 Gold, 1 Silver, 5 Bronze.



PARALYMPICS

2024 Paris Paralympics: **29 medals** — 7 Gold, 9 Silver, 13 Bronze — India's best-ever Paralympic performance.



CRICKET WORLD CUPS

Men's ODI World Cup: 2 titles — 1983, 2011

Men's T20 World Cup: 2 titles — 2007, 2024

Women's ODI World Cup: 1 title — 2025

Champions Trophy: 3 titles — 2002*, 2013, 2025

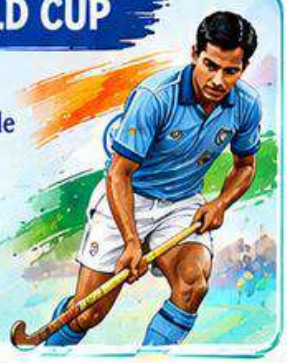
*2002 was shared with Sri Lanka.



HOCKEY WORLD CUP

1 Men's Hockey World Cup title — 1975

3 Olympic hockey gold medals after independence — 1948, 1952, 1956



CHESS

2 World Chess Champions from India — Viswanathan Anand and D. Gukesh

2024 Chess Olympiad: **Double Gold** — India won both the Open and Women's team events.



ATHLETICS

Neeraj Chopra:

- India's first Olympic athletics gold medallist — Tokyo 2020.
- India's first World Athletics Championships gold medallist.
- **86.48 m:** Neeraj Chopra's World U20 record in javelin, set in 2016.



RECENT RECORDS

29 medals
India's record Paralympic haul at Paris 2024.



21/22 points
India's record score in the 2024 Open Chess Olympiad.



2026
Gurindervir **Singh** set India's men's 100m national record — 10.09 seconds, while Vishal T.K. became the first Indian to run 400m under 45 seconds.



INDIA'S SPORTING STORY

41 Olympic medals • **29** Paralympic medals in Paris 2024 • **2** ODI World Cups
2 T20 World Cups • **3** Champions Trophy titles • **2** World Chess Champions

ST. ANN'S CONVENT SCHOOL

RAJNIKHAND, LUCKNOW

AUGUST 2026 E-MAGAZINE

Freedom with Responsibility

"Discipline builds character, sports build a nation, and dreams build a brighter future."



Same Dream Same India



Let's keep the spirit of Freedom with Responsibility

In our hearts, in our actions, in every step of our journey.

- Learn with Purpose
- Play with Passion
- Respect Everyone
- Build a Better World

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Uttar Pradesh, India

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